



November

2026

May this new month bring fresh
beginnings, peaceful moments, and
endless opportunities to grow



HENVEY INLET FIRST NATION

General Members Meeting

November 2nd 2026

6PM

Attend in-person, by computer or by telephone

1. In person: At the O&M2 Building

2. By computer: Click this live link (Control + Click) to launch Zoom:

<https://us02web.zoom.us/j/81105318863>

3. By mobile phone:

One tap mobile – **uses your mobile plan's data - data rates will apply**

+12042727920,,82125941891# Canada

+14388097799,,82125941891# Canada

NOTE: Members **MUST provide your First and Last name to be admitted.**

Miigwetch



*We Will
Remember Them.*

**OFFICES WILL BE
CLOSED ON
WEDNESDAY
NOVEMBER 11, 2026**

REMEMBRANCE DAY
SERVICE WILL BE HELD AT
HFN CEMETARY CENOTAPH
AT 11:00AM



2027 HIFN CALENDARS ARE READY TO BE PICKED UP!

**DON'T
FORGET!**

1 PER HOUSE HOLD!

**Must be picked up in person!
See Darcy at Health Center to pick
yours up!**

FALL BACK!



SUNDAY, NOVEMBER 1, 2026

Turn your clocks back one hour.

A reminder from Henvey Fire Department

**CHANGE YOUR
SMOKE ALARM BATTERIES**

**When you change your clocks,
check your smoke alarms.**

Replace removable batteries and test every alarm.



Keep your family safe!



Henvey Inlet First Nation

**COMMUNITY
CHRISTMAS
DINNER**

Saturday, December 12, 2026

Doors open at 5:00 PM

**HIFN Community Hall
18 Sandpit Road**

**Special visitor arrives
at 7:00 PM**

**Off-reserve Elders and children: Please register before
December 9, 2026 to attend.**



Henvey Inlet First Nation

**COMMUNITY
CHRISTMAS
PARTY**

Saturday, December 12, 2026

Feasting starts at 5:00 p.m.

Turkey with stuffing
Roast Beef with gravy
Pineapple Ham
Mashed potatoes, veggies, wild rice
Dessert Pies and more!

Celebration to take place at the Red EMS building
Please bring your feast bundles!

**Special Visitor to arrive
at 7:00 p.m.**



Elders are required to register their attendance.



Henvey Inlet First Nation

Pickering, ON P0G 1J0

Administration
295 Pickering River Road
T 705-857-2331
F 705-857-3021
1-800-614-5533

Health Centre
354A Pickering River Road
T 705-857-1221
F 705-857-0730
1-866-252-3330

Day Care
354B Pickering River Road
T 705-857-0957
F 705-857-1369

Chief
M. Wayne McQuabbie
Council
Brenda D. Contin
Patrick D. Brennan
Deborah Newton
Stanley K. Moses
Genevieve Solomon-Dubois
Carl Ashwasagai
Bradley McQuabbie

MEMORANDUM

Attention; Band Members

Fr: Millie Pawis, Director of Finance/ Administration

Dt: October 30th, 2026

Re: 2026 Annual Christmas Party

Members are reminded that it is the responsibility of the parent(s) to purchase their child(ren)'s Christmas gifts to be placed under the tree and handed out by Santa at this year's Annual Christmas Party. Listed below is the process parents are expected to follow:

1. The parents/guardian will call the Administration Office to confirm their attendance at the Annual Christmas Party, by the deadline.
2. A designated staff member of HIFN will be responsible for purchasing the required number of Prepaid VISA or MasterCard's as per the list of attendees.
3. The parent/guardian will purchase their respective child/children's gift(s) before the annual Christmas Party.
4. The parents/ guardian must attend the Annual Christmas Party on the date set along with their child/ children and bring their wrapped gifts.
5. When the parent/ guardian arrives, they will sign in with the designated staff member of HIFN to confirm their attendance where they will provide a "duplicate gift receipt" that details the purchase of the gift for their child/ children enabling the retention of the original receipt by the parent/ guardian.
6. The parent will then be responsible for putting the gift under the table.
7. As gifts are distributed, the parents/ guardians are to the designated staff members to receive a Prepaid VISA or MasterCard for up to the Maximum \$200.00 value as their reimbursement for each child/children's gift.
8. Anyone who does not attend the Annual Christmas Party in person will not be reimbursed.

For those elders who intend to attend the event, we ask that you call ahead as well and register, allowing us to provide for your attendance on that night.

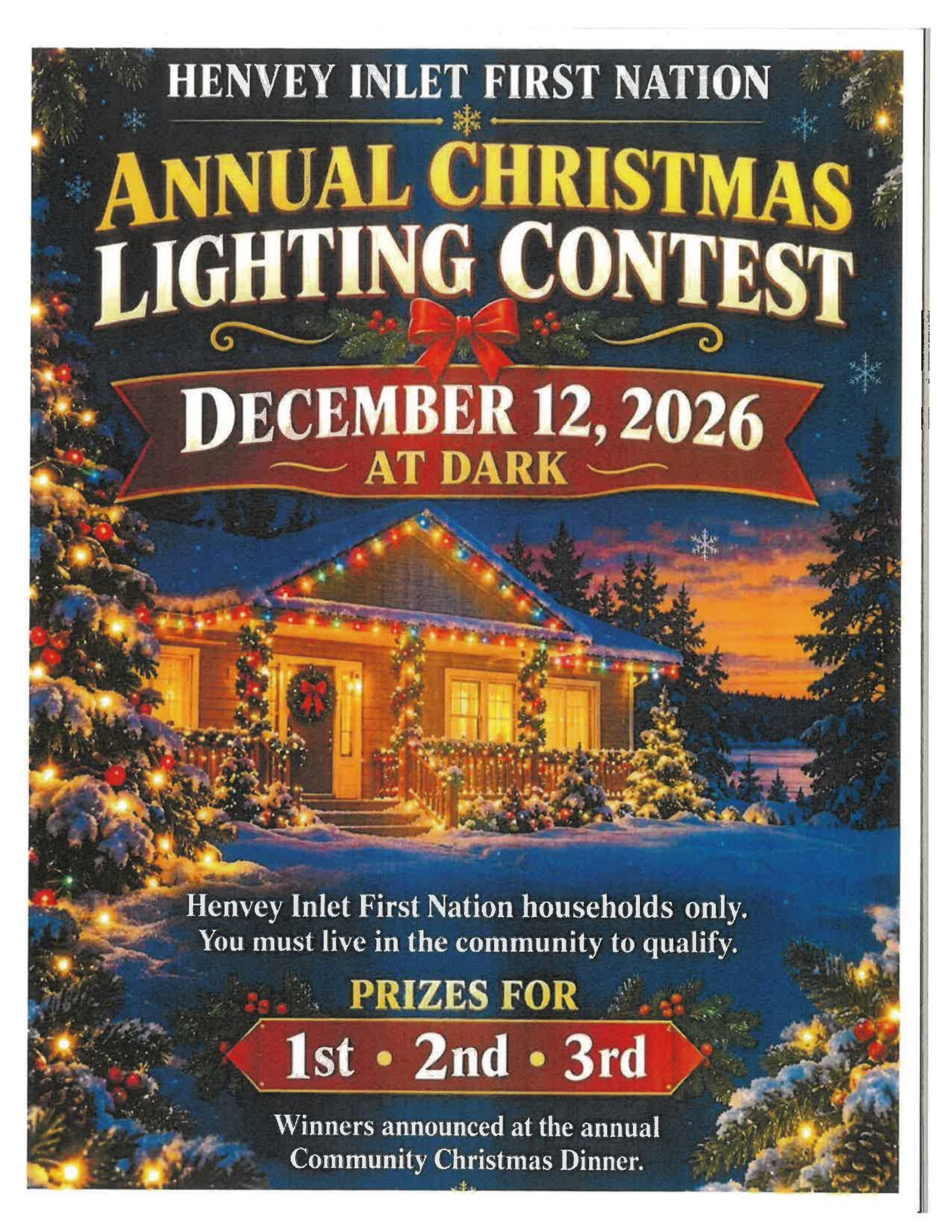
This year's Annual Christmas Party is set for December 12, 2026, dinner starting at 5:00pm being held at the new EMS Building. Located at 18 Sandpit Rd.

The deadline for calling the Administration Office (705) 857-2331 to notify us of your attendance is 4:30pm on **December 9th, 2026.**

Please give your information to the Receptionist.

Thank you,

Millie Pawis
Director of Finance/ Administration



HENVEY INLET FIRST NATION

**ANNUAL CHRISTMAS
LIGHTING CONTEST**

DECEMBER 12, 2026
AT DARK

Henvey Inlet First Nation households only.
You must live in the community to qualify.

PRIZES FOR

1st • 2nd • 3rd

Winners announced at the annual
Community Christmas Dinner.



**Henvey Inlet
First Nation**

Pickeral, ON P0G 1J0

Administration
295 Pickeral River Road
T 705-857-2331
F 705-857-3021
1-800-614-5533

Health Centre
354A Pickeral River Road
T 705-857-1221
F 705-857-0730
1-866-252-3330

Day Care
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F 705-857-1369

Chief
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Deborah Newton
Stanley K. Moses
Genevieve Solomon-Dubois
Carl Ashawasagai
Bradley McQuabbie

MEMORANDUM

To: All Henvey Inlet First Nation Members

From: Wendy Weist, A/HR Manager

Date: October 28, 2026

Re: Employment Opportunities

Henvey Inlet First Nation is currently accepting applications for the following positions:

- 1) Housing and Finance Assistant – 1 Position
- 2) Administration Manager – 1 Position

See attached job postings for more information.

Be sure to check local communication boards or our website at <https://www.hifn.ca/announcements/job-postings.html> for regular job posting updates.

Miigwetch,

Wendy Weist,
A/HR Manager



EMPLOYMENT OPPORTUNITY

ADMINISTRATION MANAGER

RE-POST

POSITION SUMMARY

Henvey Inlet First Nation is seeking a temporary, full-time **Administration Manager** to join our Administration for a 6-month contract position. The Administration Manager reports to the Director of Finance/Administration and is responsible for the overall planning, coordination and continuous development of Henvey Inlet First Nation administrative support, operations and shared services departments. The Administration Manager will directly supervise and support the administrative support staff during day-to-day operations to ensure Henvey Inlet First Nation membership and clients are served in a timely and professional manner. This position requires exceptional interpersonal communication and organization skills and a high-level of professionalism.

Henvey Inlet First Nation offers competitive wages, on-site daycare services for working parents, fifteen paid federal, provincial and First Nations holidays, annual cultural leave, paid Christmas break, and half-day workdays every Friday.

MAIN RESPONSIBILITIES

The Administration Manager will be responsible to:

Administration

- Promote HIFN vision and values while presenting a positive and professional image of the organization at all times
- Greet all clients, guests and visitors on arrival and escort them to their meetings and appointments
- Develop and implement a process for gathering continuous feedback from clients
- Assist Human Resources with the recruitment of new administrative support staff by participating in the interview process as requested
- Supervise and support the administrative support staff during day-to-day operations through mentorship and coaching
- Ensure productivity remains a priority by delegating work tasks for administrative support staff
- Create goals and expectations for administrative support staff to facilitate their success
- Oversee work projects and evaluate administrative support staff performance
- Coordinate training activities and oversee staff development
- Encourage open employee communication by facilitating regular one-on-one meetings with subordinate administrative support staff to give and receive feedback
- Identify and monitor the organization's culture so that it supports the attainment of the HIFN goals and promotes employee satisfaction
- Work directly with Human Resources to identify, develop and implement succession and learning development programs to prepare successors with formal training, job rotation and one-on-one development coaching
- Oversee time and attendance records for the administrative support staff, including the approval and signoff of time sheets and time-off requests
- Participate in performance management and progressive discipline processes for the administrative support staff within the Administration Manager capacity
- Maintain strict workplace confidentiality at all times
- Attend and participate in training workshops, seminars, webinars and conferences as deemed essential or mandatory by HIFN
- Maintain up-to-date knowledge on current laws, policies and industry regulations, trends and practices that may affect the operations of Henvey Inlet First Nation

- Identify any concerns, inconsistencies or changes with new and current regulations and notify leadership of recommended policy and procedural updates needed to ensure HIFN compliance
- Work collaboratively with department managers to assist in the development and implementation of operational policies and procedures
- Oversee the adherence to HIFN policies and procedures, operating instructions, confidentiality standards and code of ethical conduct
- Keep the Director of Finance/Administration and leadership informed about business activities, potential threats, opportunities, and recommended actions
- Prepare and present proposals and recommendations in a clear and logical manner
- Assist with the planning and coordination of departmental workshops, programs, events, meetings and special projects
- Facilitate and oversee the completion of inter-department reporting as required to maintain corporate compliance
- Act as backup support to the administrative team by performing general office administration tasks in their absence
- Answer and direct inbound telephone/email inquiries to key personnel
- Manage inbound/outbound mail/postage and oversee the production and distribution of membership information packages and other print materials including flyers, posters and newsletters
- Assist senior management to arrange travel accommodations for leadership, staff and members in an economical and timely fashion, including hotel bookings, car rentals, flights and so on
- Attend and actively participate in all other mandatory staff and community meetings
- Update and maintain HIFN website with current information, news, and events
- Complete and submit an annual work plan on behalf of the administration team
- Coordinate catering requests, food and gift card orders/pick-ups and pick up order when requested

Operations

- Work collaboratively with the Maintenance Supervisor to coordinate office seating arrangements for new employees including the ordering of new office furniture as necessary
- Work collaboratively with IT to ensure new/existing employees have access to working phones, internet, computers and email accounts at all times
- Request IT support when technology and/or connectivity issues arise
- Improve organizational capability by assisting with the development of organizational assessment mechanisms, interpreting results and developing recommendations, interventions, and action plans
- Create and direct long- and short-term departmental goals and objectives and continually assess the department for areas of improvement
- Act as a liaison between HIFN and outside agencies and maintain a good public relations program that serves the best interests of both HIFN administration and the community
- Ensure administrative support staff are acting in accordance with set professional standards and code of conduct policies at all times
- Collaborate with other departments to align the goals of client services with other areas of the administration
- Enhance the quality of service to the membership through innovative practices and team leadership
- Investigate and resolve high-level membership needs or complaints
- Communicate with Director of Finance/Administration and leadership about client services issues, as well as successes, through informal channels, written reports, and formal presentations
- Handle interdepartmental issues with tact and diplomacy
- Represent the Administration Department at various community, staff and band council meetings as requested
- Manage and participate in various workplace committees including the wellness, health and safety, social and other committees as requested
- Evaluate and implement recommendations from a variety of committees and working groups with the approval of Chief and Council
- Assist in the management of building security by restricting building access to authorized external guests, facilitators, contractors, service providers and staff only

- Work collaboratively with the Maintenance Supervisor to coordinate the assignment of building/office keys and alarm codes for approved key personnel
- Perform weekly backups of all HIFN security camera footage
- Maintain detailed records on client services and up-to-date visitor log book
- Ensure that all employees, visitors and third-party contractors understand and adhere to all HIFN health, safety, security and other facility policies and procedures by modeling and enforcing safe workplace practices
- Work collaboratively with fire, maintenance and other departments to ensure office facilities are in compliance with safety regulations such as fire codes and accessibility requirements and report any infractions to leadership
- Assist with various workplace investigations as required
- Assist the Director of Finance/Administration and leadership in negotiating contracts and service level agreements for third party suppliers and providers
- Manage resource allocations while keeping in mind company fiscal responsibilities
- Oversee ordering of office supply inventory to ensure adequate supplies remain available at all times
- Monitor inbound shipping/receiving, distributing packages to appropriate department personnel and following-up on lost/damaged or delayed orders
- Assist with vehicle insurance and plate renewals and insurance claim submissions as requested

Finance

- Monitor and adhere to office and facilities management departmental operating budgets
- Allocate and record incoming invoices and expenses to the appropriate account/budget
- Receive and issue receipts for third-party cash and cheque payments, remitting payments to the finance department
- Assist with the review and interpretation of monthly financial statements and take appropriate corrective action in response to variances and trends
- Ensure the strict confidentiality and privacy of financial records as they relate to the organization and its clients, as well as payroll and housing financial records
- Assist finance department with collections issues by advising clients/business partners of A/R policies and procedures
- Investigate and resolve department billing discrepancies and misapplied transactions
- Make arrangements for payment of outstanding invoices, escalating late accounts to the Director of Finance/Administration for immediate attention
- Collaborate with the Director of Finance/Administration to prepare and submit departmental financial records and cost reports to authorized government agencies as required
- Communicate with internal/external sales representatives, vendors, accountants, government agencies and auditors as necessary to complete job duties
- Assist the Director of Finance/Administration with finance meeting preparation, including gathering financial records and reports and printing/copying meeting materials
- Perform other duties as assigned from time-to-time by the Director of Finance/Administration or Chief and Council

QUALIFICATIONS

- Grade 12 diploma **required**; University Degree or College Diploma in Business Administration, Finance, Accounting, or a related field *preferred*
- 3+ years of management experience with direct work experience in an office management/administration setting
- A strong understanding and ability to represent and promote First Nations' cultures, values and history
- Knowledge of Henvey Inlet First Nation history, community and practices
- Previous experience working within a First Nations organization preferred
- Demonstrated ability to manage third-party vendors, contractors, and providers
- Strong financial literacy and budgeting skills and working knowledge of internal controls, business planning and asset management procedures
- Proficiency with Simply Accounting software preferred with the ability to adapt to and learn new software when required
- High level of proficiency with Microsoft Office Suite including Word and Excel

- Excellent verbal, written and interpersonal communication skills; Demonstrated ability to effectively communicate with all levels of the organization and its leadership team
- Strong public speaking and customer service skills
- A well-defined sense of diplomacy, including solid negotiation, conflict resolution, and people management skills
- Exceptional organization and time-management skills
- High level of critical and logical thinking and exceptional problem-solving skills
- High level of attention to detail and a high degree of accuracy
- Ability to multi-task and manage competing priorities
- Ability to respond appropriately to high-pressure situations with a calm and steady demeanor
- Strong work ethic and team building skills
- Ability to work independently and cooperatively with others as a member of a multidisciplinary team
- Ability to build and maintain lasting, respectful and professional relationships with other departments, key business partners, and government agencies
- High level of personal integrity, confidentiality and accountability
- Valid Ontario Class G Driver's License with access to a reliable, insured vehicle
- Current and satisfactory Vulnerable Sector Police Check
- Current First Aid and CPR Level C an asset
- Willingness to travel for work as needed
- Willingness to work flexible hours, including on-call, evenings and weekends as needed

HOURS OF WORK

Full-Time – 35.5 hrs/week

WORK LOCATION

In-office

REMUNERATION

\$26/hr - \$47/hr

START DATE

As soon as possible

APPLICATION DEADLINE

Open until filled

Those interested in applying should submit their resume and cover letter in confidence to:

Henvey Inlet First Nation – Human Resources

295 Pickerel River Rd.

Pickerel, ON P0G 1J0

Tel: (705) 857-2331

Fax: (705) 857-3021

Email: recruitment@henveyinlet.com

We thank all applicants, however only those selected for an interview will be contacted.

Henvey Inlet First Nation gives preference to all qualified First Nations people in accordance with Section 24(1) (a) of the Ontario Human Rights Code.



EMPLOYMENT OPPORTUNITY

HOUSING AND FINANCE ASSISTANT

RE-POST

POSITION SUMMARY

Henvey Inlet First Nation is seeking a full-time **Housing and Finance Assistant** to join our Administration. The Housing and Finance Assistant reports to the Director of Finance/Administration and is responsible for coordinating preventative maintenance for all Band-owned housing units and supervising all housing maintenance and repairs. The Housing and Finance Assistant receives and reviews all housing applications and inquiries, and, in collaboration with the Housing Committee, recommends tenants to Chief and Council for vacant units in accordance with the rules and regulations set forth in the Housing Policy. Additionally, the Housing and Finance Assistant is responsible for all administrative management of the Housing Department including collecting rent, issuing receipts and invoices, completing housing reports, facilitating workshops and processing payments for all incoming department invoices. The Housing and Finance Assistant will also support the Finance Department with maintaining housing and financial budgets, reports and books, and processing accounts payables, receivables and payroll as assigned. This position requires strong organization skills, financial literacy and professionalism.

Henvey Inlet First Nation offers competitive wages, paid vacation and personal emergency days, an incredible pension and benefit package, on-site daycare services for working parents, fifteen paid federal, provincial and First Nations holidays, annual cultural leave, paid Christmas break, and half-day workdays every Friday.

MAIN RESPONSIBILITIES

The Housing and Finance Assistant will be responsible to:

Housing Support

- Aid in the preparation and monitoring of the annual housing budget and work plan
- Conduct analyses of maintenance and repair costs to determine areas where cost reductions can be implemented
- Conduct routine and annual home, building, equipment and grounds inspections of band-owned units to determine necessity of repairs and maintenance
- Ensure building facilities are compliant with health and safety regulations including local fire codes, accessibility and other relevant building and maintenance legislation
- Plan, coordinate and schedule preventative maintenance, major repairs, remodeling and construction projects on housing units within the community
- Request quotes and negotiate contracts and service agreements with trade professionals, third party suppliers or service providers
- Arrange the purchase and delivery of project materials as required by trade professionals or service providers
- Coordinate grounds maintenance including landscaping and snow removal in collaboration with the Maintenance Department
- Provide a positive and professional image of the organization at all times, serving as the department's point of contact for all housing-related inquiries
- Act as a liaison between membership, the Housing Committee, vendors, external organizations and Chief and Council
- Receive and review all housing applications and inquiries and respond in a professional and timely manner
- Prepare housing and tenancy agreements, ensuring they are accurately completed, signed and filed
- Prepare and circulate newsletter updates, correspondence and related documentation accordingly
- Meet with prospective tenants to show properties, explain terms of occupancy and provide information about housing policies and procedures
- Coordinate and facilitate two home maintenance workshops annually as part of the Housing Incentive Program
- Study housing demands, occupancy and turnover rates, and accommodation requirements of applicants to recommend policy and physical requirement changes
- Solicit and utilize tenant's opinions on a variety of issues, ensuring they feel involved and as though they have influence on decisions
- Aid in the creation and administration of programs that will increase tenant involvement in various decisions concerning the housing authority

- Maintain a database of all community members living in Band housing
- Promote harmonious relations among tenants, housing project personnel, and persons of the community
- Investigate complaints, disturbances and violations and resolve problems following company rules, regulation and policies
- Attend and facilitate monthly Housing Committee meetings, recording meeting minutes and actioning meeting objectives
- Research, interpret and maintain by-laws, legislation and building/safety codes, making recommendations for changes to the appropriate party as needed
- Assist with revisions and updates to the Housing Policy in coordination with the community, staff, Housing Committee and Chief and Council
- Collect rental fees and issue receipts to tenants
- Process payment of incoming bills for the Housing Department including mortgage, insurance, utilities, etc.
- Maintain updated and accurate financial records, preparing operational budget reports for the Director of Finance
- Develop operational progress and informational reports for membership and Chief and Council as requested
- Perform a variety of office administration tasks including but not limited to filing, copying, printing, scanning, emailing, and answering phones
- Attend and actively participate in staff and community meetings
- Participate in mandatory training workshops as required
- Perform clerical duties, such as maintaining orderly and chronological filing and record systems
- Other duties as assigned from time to time by Chief and Council or the Director of Finance/Administration

Financial Support

- Receive, code and reconcile all incoming invoices
- Prepare and file approved purchase orders and cheque requisitions
- Prepare all cash and cheque deposits for bank
- Assist with the processing and reconciliation of accounts payable, accounts receivable and bank and credit card accounts
- Ensure proper execution of financial and funding agreements
- Input financial data into Simply Accounting software and allocate transactions to the appropriate General Ledger account
- Ensure daily back-up of accounting system occurs
- Help maintain the chart of accounts
- Prepare all financial statements and bank reconciliations for assigned departments
- Prepare and maintain various financial reports for monthly finance meetings or as requested by the Director of Finance/Administration or Chief and Council
- Decipher funding agreements and assist with financial forecasting and planning
- Assist with opening and closing the financial books in preparation of the annual audit
- Assist auditors with annual review by preparing and providing supporting documentation as requested
- Assist the finance department with payroll processing and other administrative tasks as requested

QUALIFICATIONS

- College Diploma in Social Services, Business Administration, Finance, Accounting, or a related field
- Previous experience working with a housing authority an asset
- Strong knowledge of building and housing maintenance and repairs
- Knowledge of low-income housing programs and associated funding sources an asset
- Previous finance, bookkeeping and office administration experience an asset
- Strong working knowledge of Generally Accepted Accounting Principles and financial procedures preferred
- Exceptional computer knowledge including proficiency with Simply Accounting and Microsoft Word, Excel and PowerPoint
- Excellent verbal, written and interpersonal communication skills
- Strong public speaking skills
- Exceptional organization and time-management skills
- Excellent problem solving and critical thinking skills
- High level of attention to detail and a high degree of accuracy
- Ability to multi-task and manage competing priorities
- Ability to work cooperatively with others
- High level of personal integrity and a strong work ethic
- Valid Ontario Class G Driver's License with access to a reliable vehicle
- Current and satisfactory Vulnerable Sector Police Check
- Current First Aid and CPR Level C an asset
- Previous experience working within a First Nation Organization would be an asset

HOURS OF WORK

Full-Time – 35.5 hrs/week

REMUNERATION

Negotiable based on experience

START DATE

As soon as possible

APPLICATION DEADLINE

Posted until filled

Those interested in applying should submit their resume and cover letter in confidence to:

Henvey Inlet First Nation – Human Resources

295 Pickerel River Rd.

Pickerel, ON P0G 1J0

Tel: (705) 857-2331

Fax: (705) 857-3021

Email: samantha.bradley@henveyinlet.com

We thank all applicants, however only those selected for an interview will be contacted.

Henvey Inlet First Nation gives preference to all qualified First Nations people in accordance with Section 24(1) (a) of the Ontario Human Rights Code.



HENVEY INLET FIRST NATION WINDFARM LEGACY TRUST

Quarterly Payments to Eligible Members **2026 ANNUAL PAYMENT SCHEDULE**

**If you have not submitted your banking information, or have new/updated bank accounts
Please follow the instructions below:**



Photo/Image of Member's Status Card

Provide a photo/image of
your Status Card



Submit Deposit Form

Complete a direct deposit
form or Void Cheque in
your name from your bank



Contact Information

MUST include:

1. Legal name
2. Address
3. Phone #
4. Email address



Await Transfer

Payments are made every 3 months in:

March, June, September & December

Refer to the Payment Schedule for details

Email your information to: Lyndy McQuabbie, Trust Coordinator trustcoordinator@henveyinlet.com



HENVEY INLET FIRST NATION WINDFARM LEGACY TRUST

Quarterly Payments to Eligible Members **2026 ANNUAL PAYMENT SCHEDULE**

Eligible Member Info Submission Deadline	Quarterly Payment Date
QUARTER 1:	
Friday, February 27, 2026	Tuesday, March 31, 2026
QUARTER 2:	
Friday, May 29, 2026	Tuesday, June 30, 2026
QUARTER 3:	
Friday, August 28, 2026	Monday, September 29, 2026
QUARTER 4:	
Friday, November 20, 2026	Friday, December 18, 2026

1. Late submissions after the deadline will be included at the next Quarterly Payment Date.
2. Payment questions and submissions send to trustcoordinator@henveyinlet.com, or please contact the Trust Coordinator @ 705-857-2331

FAMILY HISTORY OFFICE

"Connecting Families to Their Past, Present, and Future."

Greetings,

My name is Luana McQuabbie, and I am pleased to introduce the Family History Office, a non-profit community service dedicated to helping individuals and families discover, document, and preserve their family history.

Whether you are beginning your family tree for the first time, searching for ancestors, reconnecting with relatives, or gathering documentation for legal and personal purposes, I am here to help guide you through the process.

Services Available

- ☒ Family Tree Research and Development
- ☒ Assistance with Applications and Documentation
- ☒ Indigenous Family History Research
- ☒ Genealogical Record Searches
- ☒ Historical and Archival Research

Research Assistance With:

- Indigenous Services Canada, Application for Genealogical Search
- Office of the Registrar General (Ontario) regarding Birth Certificates, Death Certificates,
- Ontario Archives
- Service Ontario/Application for a Copy of an Adoption Order, Application to Request Non-Identifying Information Relating to an Adoption, Application for Post Adoption Birth Information Under Section 48.1 or 48.2 of the Vital Statistics Act
- Local Churches regarding Baptismal, Marriage and Death Records
- Funeral Home Records

- Cemetery Records
- Newspaper Archives
- Children's Aid Society Request for File Disclosure regarding Adoption Disclosure, Former CAS Ward File Review
- Community and Historical Society Records
- Liaison Services with First Nations Communities and Organizations
- DNA Testing Guidance and Interpretation Support

Why Choose Family History Office?

- Community-focused non-profit service
- Respectful, confidential, and culturally sensitive assistance
- Support for Indigenous families and those reconnecting with their heritage
- Guidance through complex research and document requests
- Personalized one-on-one assistance

Mission Statement

"To help individuals and families uncover, preserve, and celebrate their unique family histories while providing compassionate support through the research and documentation process."

Contact Information

Family History Office

☎ Phone: 705 923-0513

✉ Email: goodskywoman@hotmail.com

18 Sand Pit Road EMS Building (Red)
Office 6

French River Indian Reserve No. 13, ON

FAMILY HISTORY OFFICE

"Connecting Families to Their Past, Present, and Future."

☀️ Community Appreciation ☀️

I gratefully acknowledge the generous donations received from:

Crystal Bazinet (\$300.00)



Dante Pelletier (\$301.00)



S. N. Gas & Convenience, Susie Herbert, Justin Gratto (\$3,161.75)



Thank you for your generosity and community spirit. Your support helps to continue serving and strengthening our community for everyone.

Your generosity is sincerely appreciated. ❤️



Family History *Office* Hours

Monday 8-4
Tuesday 8-4
Wednesday 8-4
Thursday 8-4
Friday 8-12



Wendy Weist

HUMAN
RESOURCES
MANAGER



A BIT ABOUT MYSELF!

Aaniin Boozhoo,

My name is Wendy Weist and I was born and raised in Britt, Ontario. As a proud member of Henvey Inlet First Nation, I bring over three decades of public service experience rooted in servant leadership, mentorship, and collaborative community partnerships. My career has been defined by a commitment to supporting people and fostering trust—a journey made possible through the constant support of my family.

I enjoy traveling, the outdoors, and I am a family-centered individual. I value every opportunity to learn from and engage with others. Although my time in this role is short, I am deeply committed to making meaningful connections and look forward to meeting with community members during my stay.

A/Human Resources Manager

Wendy



Matthew Newton

Community Energy Champion | Henvey Inlet First Nation

ABOUT ME

I'm proud to serve as Henvey Inlet First Nation's newest Community Energy Champion. I want to work alongside community members to find practical ways to make energy more affordable and reduce electricity use across the community. I'm interested in exploring options such as solar power, while learning what solutions best fit local needs and priorities.

MY GOALS

01 Explore renewable energy

Learn about options such as solar power and help identify what may work well for homes and community buildings.

02 Lower energy use and hydro costs

Share practical energy-saving ideas and support projects that help households and community facilities use electricity more efficiently.

03 Build a community-led energy plan

Listen to community members, learn from energy partners and experts, and help shape a plan guided by Henvey Inlet First Nation's priorities.

My focus is simple: listen first, learn together, and help find energy solutions that make sense for our community.



Truth and Reconciliation Day 2026



HENVEY INLET ANNUAL WIND FARM TOUR.

Community Tour • Henvey Inlet First Nation

Join us for an upcoming guided visit to the Henvey Inlet Wind Farm. Learn about the project, see the turbines up close, and connect with community members.

DATE & TIME	NOVEMBER 17 TH , 2026, (10AM-2PM)
MEETING PLACE	Health Center/Band Rep Parking Lot at 9:30am
TRANSPORTATION	Henvey Band Owned School Bus

What to Expect!

- A fully guided wind farm tour
- Information about wind energy and the local project
- Time for questions and community conversation
- Lunch will be provided

BUS SPACE AND SEATING MAY BE LIMITED.

PLEASE CALL THE BAND OFFICE OR HEALTH CENTER TO SIGN UP.

BAND OFFICE: (705-857-2331) HEALTH CENTER: (705-857-1221)

Please dress for the weather and wear sturdy, closed-toe footwear. Additional safety and accessibility information will be provided when you register.





Henvey Inlet First Nation

Pickering, ON P0G 1J0

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Day Care
354B Pickering River Road
T 705-857-0957
F 705-857-1369

Chief
M. Wayne McQuabbie
Council
Brenda D. Contin
Patrick D. Brennan
Deborah Newton
Stanley K. Moses
Genevieve Solomon-Dubois
Carl Ashwasagai
Bradley McQuabbie

PROPANE TIPS & FACTS

To: HIFN Band Members
Fr: Henvey Inlet Housing Department
Dt: November 2026
Re: **Propane Fill-ups for your 500 Gallon Fuel Tank**

Dear HIFN Members,

It's that time of year again, please check the propane level in your fuel tank. If the needle on the gauge is close to or below 30% then it is time for a fill-up. If the propane level gets too low, the lines may possibly need to be purged by a certified technician which can be quite costly and the cost to purge will be the band members responsibility.

Your generator will not run without propane! Be prepared for hydro outages!

Please see below for their contact information.

MOORE PROPANE LIMITED

Phone: 1 (705) 523-6466
Cell: 1 (705) 670-7955
Toll Free: 1 (877) 735-1856
Email: allockhart@moorepropane.ca



Henvey Inlet First Nation

Pickering, ON P0G 1J0

Administration
295 Pickering River Road
T 705-857-2331
F 705-857-3021
1-800-614-5533

Health Centre
354A Pickering River Road
T 705-857-1221
F 705-857-0730
1-866-252-3330

Day Care
354B Pickering River Road
T 705-857-0957
F 705-857-1369

Chief
M. Wayne McQuabbie
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Genevieve Solomon-Dubois
Carl Ashawasagai
Bradley McQuabbie



- When the propane level reaches 30% in the tank, call your preferred fuel supplier to have it topped up. Doing so will give the supplier time (usually 1-2 weeks) to come out and fill it up before the tank runs empty or drops below 20%. When the tank runs out of fuel, it causes changes to the pressure in the lines. When this happens, the tank will require another inspection before it can be filled up again. These inspections are costly and can be billed at the owner's expense.

To check the propane fuel level, start by opening the red cap located at the top of the tank. There is usually a small pin that prevents the cap from opening, pull it out and the cap should then be able to swing back freely.





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Carl Ashawasagai
Bradley McQuabbie

Next, look for the circular meter/gauge located inside. The black needle on the Meter/gauge will tell you how much propane you have left. Notice how this one is above 70%. When it reaches the 30% mark it's time to call for a fill-up.



- A full fill-up generally costs between \$1100.00 to \$1400.00, depending on current local fuel prices which tend to fluctuate frequently.
- Moore Propane has agreed to provide minimum fill-ups ranging around \$400.00. They have also agreed to provide full fill-ups & deliver them in a reasonable timely manner. They can be reached at (705) 523-6466.
- Due to regulations, the propane tank should be installed/placed at least 10 feet away from any building. Keep this in mind when planning to build a shed, addition to your home, etc. Violating this rule can result in your fuel supplier refusing to fill-up your propane tank until the violation has been resolved and/or rectified.
- There are copper propane lines buried 18" underground that run from the propane tank to the exterior wall of your home and to your back-up generator. Keep this in mind before planning any digging etc. in these areas. If you notice that a propane line has been hit and is leaking, leave the area immediately and contact your local fire department.
- The most obvious sign of a propane gas leak is the odor, a chemical is added to the gas that produces a "rotten egg" smell. A hissing noise or whistling sound near the gas leak is another sign.



HOUSING

WHO TO CALL

FLOW CHART



GENERAL REPAIRS



Call the Housing Dept. or submit a letter in writing to the Housing Dept.



Monday - Friday
8:30 AM - 4:30 PM



GENERAL QUESTIONS



Call the Housing Dept. at
705-857-2331



Email:
housing@henveyinlet.com

WEEKENDS & HOLIDAYS



EMERGENCY ONLY

Examples include:

- Sewage / Pump Outs
- Water
- Hydro
- Heat



FIRE EMERGENCY
PLEASE CALL
911



CALL ON-CALL EMERGENCY NUMBER

ONLY AFTER HOURS &
IF A SERIOUS ISSUE LISTED ABOVE.

BRAD MCQUABBIE
1-226-868-1688



ANIMAL EMERGENCY NUMBERS

Municipality of French River
By-Law Enforcement:
Call **705-898-2294**

YOUR ADDRESS:



NATIVE HOUSING

- **Rent Geared-to-Income**
- **Seniors' Housing**

Native People of Sudbury Development Corporation (NPSDC) is currently accepting applications for affordable housing located in both Sudbury and Espanola, Ontario. Heat is paid by the landlord and each home is supplied with a fridge and stove. NPSDC housing units are allocated based on family size, located in many different areas, and are of various types. Rent is based on income. Units become available when tenants vacate.

Families, couples, singles and Elders of Indigenous ancestry are encouraged to apply for housing. **Elders who require a two bedroom unit for medical reasons are particularly encouraged to apply.** Anyone interested in obtaining an application can write, visit, or call the Native People of Sudbury Development Corporation office from 8:30 a.m. to 4:30 p.m. weekdays at the following location:

**68 Xavier Street,
Sudbury, Ontario P3C 2B9
(705) 674-9996 or toll free 1-800-300-6713**

Visit our website at **www.nativehousing.org** to learn more about our corporation or to obtain an application online for housing.



PLEASE SHARE in Community Newsletters and on Facebook

**7 Gens Swimming
New Swimmer Assessments
and Community Member Opportunities**

7 Gens Swimming is a new developmental and competitive swim club serving the area First Nation communities, Parry Sound and regional municipalities, operating out of the new pool at the Tamarack North Centre (YMCA).

We are currently welcoming children and youth ages 6 ~ 18 who are interested in joining our swim team.

No previous competitive swimming experience is required. New swimmers participate in a short assessment to help our coaches determine their readiness and the most appropriate training group. Swimmers need only to be comfortable swimming independently in deep water.

Please feel welcomed to join our team at 7Gens Swimming !

Register for an Assessment

Families can learn more about our programs, fees and upcoming swimmer assessments here:

<https://7gensswimming.ca/programs-and-fees/>

Employment and Volunteer Opportunities

7 Gens Swimming is also interested in connecting with First Nation community members who may wish to become involved in swimming, coaching or other pool-related volunteer and new employment opportunities.

We very much so are welcoming inquiries from Anishinaabe individuals interested in developing their skills, pursuing coaching qualifications, or wishing to support our growing swim club, both in volunteer and employed positions.

For more information, please contact:

Dana Labrie

President, 7 Gens Swimming

dana@7gensswimming.ca

705-716-8235

7Gens Swimming warmly invites First Nations participation !

IN SEARCH OF A BEADER!



TO MAKE 8 BEADED
MEDALLIONS OF THE HENVEY
INLET FIRST NATION LOGO!

INTERESTED BAND MEMBERS ARE TO
SUBMIT A QUOTE WITH:

- FEE TO DESIGN AND BEAD 8 MEDALLIONS
- BREAKDOWN OF THE COSTS OF SUPPLIES
TO MAKE 8 MEDALLIONS

A copy of the logo can be supplied!

Submit your quotes to:

Brenda Contin,

brenda.contin@henveymedicalcentre.com



DibAAjIMOOWINAN

GEZHTOOJIG Employment & Training

GEZHTOOJIG PROGRAMS & SERVICES

Purchase of Training:

For F/T programs up to 52 weeks long.

Upskill:

To provide (someone, such as an employee) with more advanced skills

Mobility:

Assistance to attend job interview

Employment Support:

Up to \$500 to start a full time job.

Relocation:

Assistance to relocate for a full-time job

PROGRAMS AVAILABLE

Self Employment

Information and resources

Wage Subsidies: 50% of wage for full-time jobs

Administer Better Jobs Ontario

Apprenticeship:

- Wage Subsidies available for Registered Apprentices
- Purchase of Training for In Classroom Offer of Training
- Tool Grant



Gezhtoojig Employment & Training, 117 Elm St., Unit 102, Sudbury, ON P3C 1T3

Tel: 705-524-6772/Toll: 1-800-361-9256/Email: info@gezhtoojig.ca



CATERER NEEDED!

To provide a LUNCH for
Human Trafficking Workshop on
Friday November 27th, 2026
Lunch to be served at 11:30 AM
For 60 People

Lunch Menu: Indian tacos (1 sauce meat only and 1 sauce with meat and beans), potato salad & pasta salad, Taco toppings: Salsa, Fresh diced tomatoes, lettuce, sour cream, shredded cheese, & green onions

Dessert: Mixed berries, whip cream & sponge or vanilla cake

Must include refreshments: Water, Pop, Juice and if any Bowls, Plates, Utensils, Take out containers & Napkins that are needed depending on food being made.

Deadline to Submit Bids:

Day November 18, 2026 @4:30PM

Submit Bids with breakdown of Catering Fee, Mileage, and Groceries Costs to Anisha Jeanveau at anisha.jeanveau@henveyinlet.com or drop off at

P.C.L. Office- 14 Sandpit Road

Caterer must possess current Safe Food Handlers Certificate and is responsible for clean up after, including taking out the garbage



09/27/2026 9AM-12PM HUMAN TRAFFICKING WORKSHOP

Addressing, Preventing and Ending Sex Trafficking

All are invited to join us in learning, listening & building awareness. We are honored to welcome OPP Sgt. Ashley Horton to our community for an important presentation on Human Trafficking and Prevention.

This presentation will provide valuable information about recognizing the signs of human trafficking, understanding how exploitation can occur, learning about risk factors, and exploring ways we can protect our youth, families and community



**Honoring Special
Guest OPP Sgt. Ashley
Horton**

Presentation

**Every Piece Matters
Puzzle Build**

**Pathway To Freedom
Rock Garden**

**Build Your Own
Indian Taco Lunch
and Dessert**

O&M COMMUNITY HALL

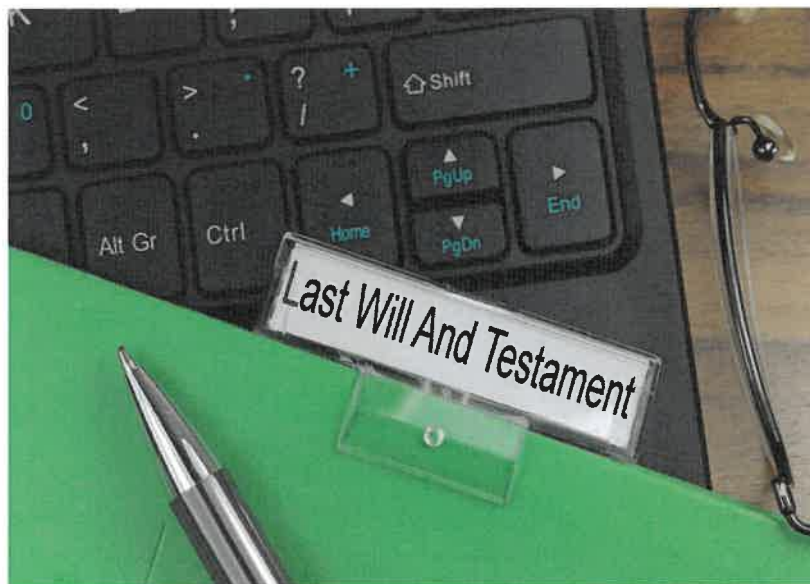
Call 705-857-2331
Or the Health Centre
705-857-1221
for more information

9:00am-12:00pm

WILLS SESSIONS

Lawyer Natalie Schryer from WEAVER SIMMONS in Sudbury will be here at Pickerel on MONDAY NOVEMBER 23 to work on Wills.

The Lands Office will contact the applicants for appointment times and where to meet with the lawyer, so please contact the Lands Office at 705-857-5211 or e-mail at lands@henveyinlet.com to put your name in.



Indigenous Legal Advice from Indigenous Lawyers



ILAIL Clinic

The purpose of this clinic is to provide culturally appropriate, summary legal advice to Indigenous clients. Lawyers **Cara Valiquette** and **Jay Herbert** will focus on all areas of law, including criminal, child protection, family, and civil law. We provide advice about estates (power of attorney and wills), and Indian Act issues. The clinic will run approximately once per month, at **three locations**. Space is limited, so sign up in advance!

Parry Sound Friendship Centre

What: Legal clinic for Indigenous clients

Where: 25 Church St
Parry Sound, ON P2A 1Y2

When: Nov 11, 2026 - Virtual
Dec 2, 2026 – in person
February 3, 2027 - Virtual

Time: 1pm – 4pm

Other: Please call 705-774-4008 to book

Zoom link for registered participants:

Meeting ID: 890 0390 1305

Passcode: 753292

Midland Friendship Centre

What: Legal clinic for Indigenous clients

Where: 175 Yonge Street
Midland, ON L4R 2A7

When: Nov 19, 2026 - Virtual
Dec 9, 2026 – In person
February 10, 2027 - Virtual

Time: 1pm – 4pm

Other: Please call 705-526-5589 to book.

Zoom link for registered participants:

Meeting ID: 878 8192 3910

Passcode: 313689

Barrie Friendship Centre

What: Legal clinic for Indigenous clients

Where: 175 Bayfield St
Barrie, ON L4M 3B4

When: Nov 25, 2026 - Virtual
Dec 16, 2026 – In person
February 17, 2027 - Virtual

Time: 1pm – 4pm

Other: Please call 705-716-4367 to book.

Zoom link for registered participants:

Meeting ID: 894 1403 2090

Passcode: 789859

HIFN Ontario Works





HENVEY INLET ONTARIO WORKS (MCCSS)

NOV. 1, 2026

Income Statements

If you receive Ontario Works financial assistance, your income statements will be delivered to your **GREEN mailbox** in the first week of each month. If you do not have a **GREEN mailbox**, please fill out the income statement at the Band Office. **Please submit your income statement by the due date, or you may experience a delay in receiving your Ontario Works financial assistance.**

Utility Bills

- **Hydro**

If you receive Ontario Works financial assistance from Henvey Inlet and have an overdue hydro bill notice, contact your Ontario Works Administrator to confirm eligibility and request assistance. To request assistance, you must submit your **Hydro Bill** and the **Payment Reminder Notice**. Please don't wait until your hydro is disconnected; if your hydro service is disconnected, the main breaker must be off, and Hydro One will take 1 to 2 business days to reconnect service.

- **Propane**

If you receive Ontario Works financial assistance from Henvey Inlet, please check your propane tank gauge level. If it's **30%** or below, you'll need a fill-up. The **30% mark** also ensures you have enough propane to heat your home until Moore Propane can schedule a delivery. **The weather is reaching cooler temperatures. Please do not wait for your propane gauge level to reach 0%.**

- **Electricity Programs**

If you receive Ontario Works financial assistance from Henvey Inlet and your electricity support program (OESP) has expired, you can renew your application online or visit the Ontario Works office for help completing the form. <http://oesp.ca/Renew>

Food Bank

Food bank distribution will be on November 12, 2026. The food bank distributes to on-reserve community members once a month, with priority.

Food Bank Bingo

The Food Bank Bingo is on Wednesdays

- Regular Games - .25 cents each
- Special games -.50 cents each
- Jackpot – 1.00 each

Text Message & Facebook Messenger

Henvey Inlet Ontario Works will **no longer respond** to text messages sent to the Ontario Works phone from clients or via Ontario Works' Facebook Messenger because of concerns about miscommunication. Please phone or visit the office. (*Ontario Works Act, 1997, S.O. 1997, c. 25, Sched. A*)

Appointments

To apply or reapply for financial assistance, you must reside in the community to be eligible for Ontario Works. Please call the Ontario Works Administrator during office hours at (705) 857-2331 or Cell: 1-705-773-8714 to book an appointment.



Programs to Help Community Members with Hydro Bills

Did you know that the Ontario Energy Board has programs to help your community members pay their electricity bills?

We know that bill costs can be high for some of your community members. These two programs can really help out. All eligible electricity customers in your community may want to apply to these:

1. Ontario Electricity Support Program (OESP)

- Gives \$ credit to discount each monthly bill
- The chart below shows how much \$ credit a community member can get (depends on # of people living in the house, and the total household income):

OESP Monthly Credit Amounts – Energy Intensive:

Household Income (total \$ earned by all people in house)	Number of people living in the house (Household Size)						
	1	2	3	4	5	6	7+
\$28,000 or less	\$68	\$68	\$75	\$83	\$90	\$113	\$113
\$28,001-\$39,000		\$60	\$68	\$75	\$83	\$90	\$113
\$39,001-\$48,000			\$52	\$60	\$68	\$75	\$83
\$48,001-\$52,000					\$52	\$60	\$68

WHAT DO MEMBERS NEED TO APPLY?

- One of their electricity bills
- Birthdates and names of people living in their house
- For everyone over age 18 in the house:
 - Social Insurance Numbers (SIN)
 - Income verification

***If a person is on OW or Disability,** please contact your local Ontario Works office and they will complete and submit the application on your behalf.

An EXAMPLE of a Payment
Reminder Notice for HIFN Ontario
Works recipients.

Hydro One Networks Inc.
Monday-Friday 7:30 a.m. to 8 p.m.
1-888-664-9376 www.HydroOne.com
P.O. Box 5700, Markham ON L3R 1C8



Please Submit
With your Hydro Bill.

Payment Reminder Notice

Account Number:

Amount Past Due:

Payment Due: Immediately

RR 1
Pickering ON P0G 1J0

Dear

We're sending you this reminder that your account is past due. We know that life can get busy and paying bills is sometimes the last thing we want to be thinking about. Please note that past due accounts incur a late fee of 1.5% per month (19.56% annually).

Sign up for Pre-Authorized Payments

You can spend more time on the things you love and less time managing your bills by signing up for Hydro One's Pre-Authorized Payment service. Quick and simple to set up, Pre-Authorized Payments free you from remembering due dates, streamline your bill-paying routine and help you avoid late fees.

Two easy ways to sign up

If you have an online My Account with us, simply log in to activate Pre-Authorized Payments at **HydroOne.com/myAccount**. Otherwise, please complete the application form on the reverse and return to us in the enclosed postage-paid envelope.

Sincerely,

Customer Care Centre
Hydro One



Need help staying on
top of bills?



It's quick and easy to sign up
for Pre-Authorized Payments



Spend time on the things you
love and avoid late fees

Disconnections

HOW TO KEEP YOUR ACCOUNT CURRENT AND AVOID DISCONNECTION



Have you been disconnected, or are at risk of disconnection due to non-payment? We're here to help.

Please review the section below for answers to Frequently Asked Questions. To discuss options available for you, please call us at [1-888-664-9376](tel:1-888-664-9376). We are open Monday – Friday, 7:30 a.m. to 8 p.m.

Frequently Asked Questions

Have you been disconnected?

If your service has been disconnected, read the questions and answers below to find out how to get reconnected.

How can I get my service reconnected?

In order to get your service reconnected:

- Immediately pay the full amount indicated on the disconnection notice you received prior to disconnection, or
- If you are unable to pay the full amount indicated on the disconnection notice, please contact us immediately at [1-888-664-9376](tel:1-888-664-9376) and we can work together to discuss payment options.

I have already made a payment or payment arrangement with Hydro One but my service is still disconnected. When will I be reconnected?

- We'll reconnect your electricity service within two business days from the date of the payment confirmation. For safety reasons, to reconnect the service the main breaker must be turned off.
- If two business days have passed since the payment confirmation was reported and reconnection has not yet been completed, please contact Hydro One at [1-888-664-9376](tel:1-888-664-9376).
- **NOTE:** If your service has been disconnected for more than six months you must arrange for a safety inspection from the Electrical Safety Authority (ESA) prior to reconnection. Please visit the [ESA's website](#) for more information.

How do I make a payment after disconnection?

The following processing times and payment options are available. For more information on payment options, please visit the [Billing and Payment Methods](#) page on our website.

Processing times	Payment methods	Important information
2 business days	Use your Visa® or MasterCard® credit card to make a payment directly via telephone	Call Paymentus at 1-877-507-5093; fees apply
2 business days	Canada Post MoneyGram Western Union® Quick Collect	These services add their own fees
3-5 business days	Online or in-person banking Cheque via mail	May take up to 5 business days

What options are available to me if I am unable to pay my balance in full?

If you are unable to pay the full amount indicated on the disconnection notice, please contact us immediately at [1-888-664-9376](tel:1-888-664-9376), and we can work together to discuss [payment options](#).

How can I get assistance with paying my bill?

If you need help with paying your bill, there are many options and programs available. To find out more about the programs available [click here](#).

Find out more about assistance programs, such as:

- [LEAP \(Low-Income Energy Assistance Program\)](#)
- [OESP \(Ontario Electricity Support Program\)](#)
- [211 Ontario](#)

Have you received a disconnection notice?

If your service is at risk of disconnection, read the questions and answers below to find out how to avoid disconnection and get your account back on track.

What do I do if I receive a disconnection notice?

You may have received a notice that indicates we may disconnect your electricity for non-payment between the dates indicated on the notice. Please contact Hydro One immediately at [1-888-664-9376](tel:1-888-664-9376) to avoid disconnection.

- If you have paid the full amount indicated on the disconnection notice, you may report your payment at [1-888-664-9376](tel:1-888-664-9376) so we can cancel the disconnection.

If you are unable to make full payment or if you require assistance, please contact us so we can discuss options that are available to you.

What happens next?

If you pay the full amount on the disconnection notice by the scheduled disconnection date, please contact us immediately at [1-888-664-9376](tel:1-888-664-9376) to report your payment so we can cancel the disconnection.

If you don't make payment in full or do not contact us you will receive a call at least 48 hours prior to the scheduled day of disconnection. We will also remind you that there are options available, including assistance programs.

If you apply for assistance under the Low-Income Energy Assistance Program (LEAP), the intake agency will notify us and the disconnection will be suspended for 21 days. Please [click here](#) for more information on LEAP.

How can I make a payment?

The following processing times and payment options are available. For more information on payment options, please visit the [Billing and Payment Methods](#) page on our website.

Processing times	Payment methods	Important information
2 business days	Use your Visa® or MasterCard® credit card to make a payment directly via telephone	Call Paymentus at 1-877-507-5093; fees apply
2 business days	Canada Post MoneyGram Western Union® Quick Collect	These services add their own fees
3-5 business days	Online or in-person banking Cheque via mail	May take up to 5 business days

What options are available to me if I am unable to pay my balance in full?

If you are unable to pay the full amount indicated on the disconnection notice, please contact us immediately at [1-888-664-9376](tel:1-888-664-9376) and we can work together to discuss [payment options](#).

How can I get assistance with paying my bill?

If you need help with paying your bill, there are many options and programs available. To find out more about the programs available [click here](#).

Find out more about assistance programs, such as:

- [LEAP \(Low-Income Energy Assistance Program\)](#)
- [OESP \(Ontario Electricity Support Program\)](#)
- [211 Ontario](#)



Henvey Inlet Food Bank Annual Christmas Penny Table December 12, 2026

Aanii, Boozhoo, Hello, Good day, everyone! Henvey Inlet Ontario Works will host the annual penny table event at the community Christmas dinner party on December 12, 2026. Last year, the penny table raised \$3,518.00, and we hope to match or exceed that amount in 2026.

Ontario Works is requesting and accepting penny table donations. We welcome personal donations and donations from your program, which we will feature at the Christmas Dinner and acknowledge those who made a donation.

Suggestions: Monetary donations, gift baskets, gift cards, electronics, cookware, art supplies, sleds, winter clothing, Christmas wrap, decorations, toys, games, etc. All donations are greatly appreciated.

**Please drop off your donation as soon as possible and no later than
December 8, 2026.**

For more information, contact the Ontario Works Administrator to drop off your donation or arrange a pickup at 705-773-8714 or 705-857-2331, or
henveyinletontarioworks@gmail.com

Thank you all for your ongoing support. Your participation makes events like these a success. Miigwech, thank you!

Proceeds go to the Henvey Inlet First Nation Food Bank!

MERRY CHRISTMAS

HENVEY INLET
FOOD BANK

CHRISTMAS
PENNY TABLE

DECEMBER
12, 2026

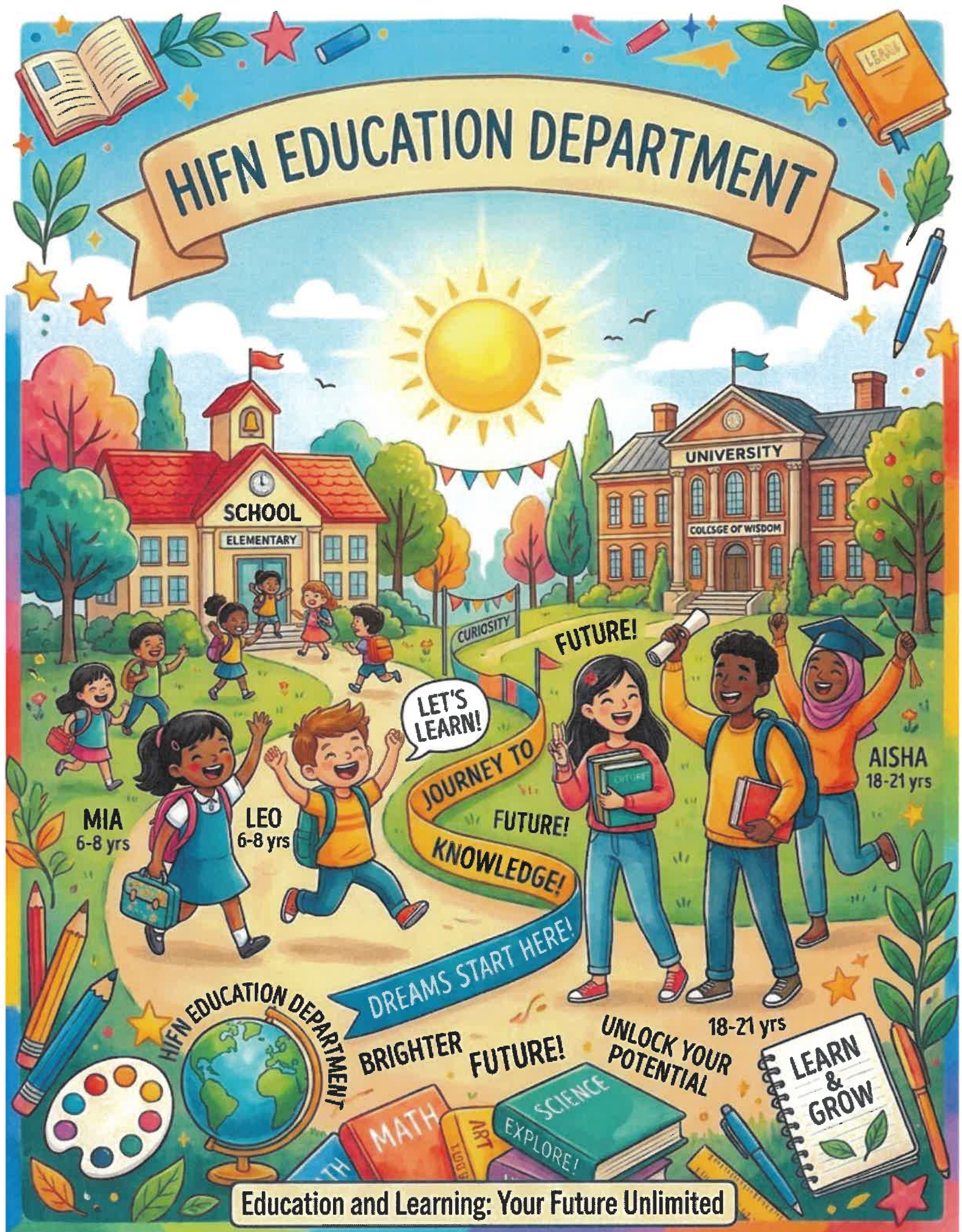
PENNY TABLE
TICKETS:

1 for \$2.00 or 3 for \$5.00

BRING CASH TO
PURCHASE TICKETS!

ALL PROCEEDS GO TOWARDS HIFN FOOD BANK!

HIFN EDUCATION DEPARTMENT



SCHOOL
ELEMENTARY

UNIVERSITY
COLLEGE OF WISDOM

CURIOSITY

FUTURE!

LET'S
LEARN!

JOURNEY TO
FUTURE!
KNOWLEDGE!

DREAMS START HERE!

BRIGHTER
FUTURE!

UNLOCK YOUR
POTENTIAL

18-21 yrs

AISHA
18-21 yrs

MIA
6-8 yrs

LEO
6-8 yrs

HIFN EDUCATION DEPARTMENT

Education and Learning: Your Future Unlimited

LEARN
&
GROW



EVERY DAY COUNTS AT BRITT PUBLIC SCHOOL

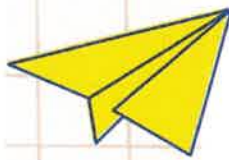
ATTENDANCE GOALS



MAKE TODAY MATTER

WHEN YOUR CHILD IS WELL, BEING AT SCHOOL EVERY DAY HELPS STUDENTS LEARN, BUILD FRIENDSHIPS, DEVELOP CONFIDENCE, AND STAY CONNECTED TO THEIR SCHOOL COMMUNITY.

-  Our goal is 90% attendance or better
-  That's about 20 days absent or less over the school year
-  Or approximately 2 days per month



90%

**NEED SUPPORT WITH ATTENDANCE? WE'RE HERE TO HELP.
CONTACT SCHOOL STAFF OR YOUR COMMUNITY'S EDUCATION
STAFF OR BAND REPRESENTATIVES TO WORK TOGETHER ON A
PLAN FOR SUCCESS.**





Britt Public School

Parent-Teacher Interviews

for Henvey Inlet Families

Our Students
Our Families
Our Community
Brighter
Futures Together



We Are Coming to You!

Henvey Inlet First Nation is hosting Britt Public School Parent-Teacher Interviews for families in the community.



**Friday,
November 27**



**Morning
Appointments**



**Wagamaki
Learning Centre**
334 Pickerel River Road

What You Need to Know



Meetings will be held in person with your child's teacher.



Each interview will be approximately 15 minutes.



Parents will receive their scheduled interview time(s) from their child's teacher prior to November 27.



Families with more than one child will receive a separate time slot for each child.

Together
we support
student
success!



LEARN • GROW • BELONG



Unable to make your scheduled time in person?

Please contact your child's teacher to organize another time to meet in person or over the phone.



Questions?

If you have any questions, please reach out to your child's teacher.

*We Look Forward to
Meeting With You!*



CATERER NEEDED!

**To provide a Light Breakfast for
Parent/Teacher Interviews
On November 27, 2026**

**Breakfast to be set up by 8:45AM to be
served at 9am at the Learning Centre**

For approximately 30 people.

Light Breakfast Menu is up to Caterer
Please submit Menu with Bid.

Must include refreshments: Coffee, Tea,
Juice, and water

Please supply take-out containers for leftovers.

Deadline to Submit Bids:

Tuesday November 17, 2026 @ 12:00 PM

Submit Bids with breakdown of Catering Fee, Mileage, and Groceries Costs to
Sylvia Rhee at Administration or by e-mail sylvia.rhee@henveyinlet.com

Caterer must possess current Safe Food Handlers Certificate and is responsible
for clean up after, including taking out the garbage

2027 AES Youth Council Calendar

CALL FOR ARTWORK!

**SUBMIT A GROUP/CLASS PROJECT OR SUBMIT INDIVIDUAL
STUDENT PIECES!**

Deadline is November 6th, 2026 @4:30PM!

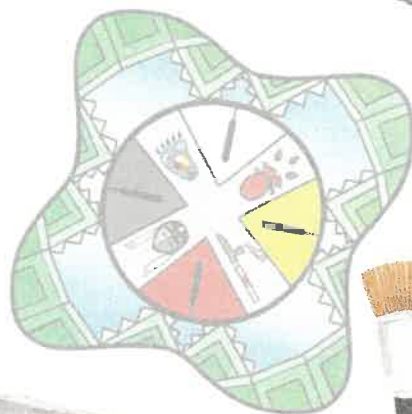
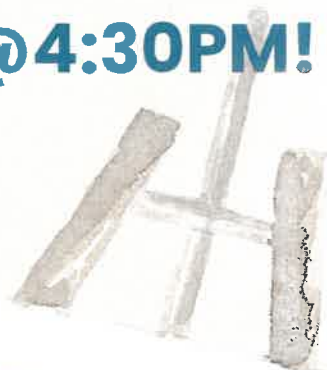
PRIZES FOR SELECTED ART PIECES!

**ARTWORK CAN INCLUDE
PAINTINGS, DRAWINGS,
DIGITAL ART, AND/OR
PHOTOGRAPHY.**

**PLEASE SEND ALL SUBMISSIONS TO:
KAELYN PIZZALE
YOUTH INITIATIVES COORDINATOR
KAELYN.PIZZALE@A-E-S.CA**



**ANISHINABEK
EDUCATION SYSTEM**



SURFACE MINER PRODUCTION PROGRAM 770210

(CLASSROOM HOURS 25 • EQUIPMENT HOURS 95 • 120 HOURS TOTAL)



SUDBURY, ONTARIO
NOV 30 – DEC 18, 2026

CLASSROOM LOCATION
ETHIER – 2589 IDA STREET

COMMON CORE

U5030 Work Safely in a Job Environment
U5031 Lockout and Tagout
U5032 Operate Hand and Power Tools

SPECIALTY MODULES SIGNOFFS

U5039 Operate Frontend Loader
U5034 Operate Excavator
U5042 Operate Haulage Truck
U5040 Operate Fuel Truck

LEARNING ESSENTIALS

- Radio Communication Etiquette
- Field Level Risk Assessment
- Pre-Operational & Operational Checks
- Operator Maintenance
- Open Pit Procedures
- Tire Safety Awareness
- Emergency Preparations
- Maximizing Safe Production Operations

CERTIFICATIONS INCLUDE

Ministry Record of Training • WHMIS
Lockout Tagout • Working at Heights

FOR MORE INFORMATION

First Nations Safety & Training • (807) 374-2222
info.fnsnt@gmail.com
www.firstnationssafetyandtraining.com

Ontario 
Ministry of Labour, Training
and Skills Development

 **WORKFORCE**
PEOPLE AT WORK



ETHIER
SAND & GRAVEL

100% Indigenous Owned & Operated

BRITT PUBLIC SCHOOL

HOLIDAY PLANT FUNDRAISER



Support student programs at Britt Public School

ORDER BY NOVEMBER 23, 2026 | PICK UP DECEMBER 9, 2026



4.5" Poinsettia
Red or white

\$7.00



6" Poinsettia
Red, white or pink

\$12.00



8" Poinsettia
Red, white, pink or NEW
red/white bi-colour

\$25.00



10" Poinsettia
Red, white, pink or
tri-colour

\$35.00



7" Tabletop Greenery
Festive holiday
greenery

\$30.00



10" Tropical Planter
Red or white poinsettia

\$30.00



Grinch Tree
Cut greens in pot,
approx. 14" tall

\$30.00

SCAN TO ORDER



Use your phone camera
to open the order form

Questions?

Email: katelyn.miller@nearnorthschools.ca
Call: 705-773-7999

Beautiful plants for the holiday season

Thank you for supporting Britt Public School!

Plant colours and appearance may vary slightly from photographs.



NOVEMBER 2026

**ANISHINABEK
WIIDISENDIWAK
PROGRAMMING**





Anishinaabek
Wiidosendiwak

EVENT MERCH IS
FOR DAY OF THE
EVENT **ONLY**.
NOT BEFORE, NOT
AFTER.

Miigwetch

<https://awcfw.ca/>

Band Representative On-Call Schedule

Staff Member	Start Date	End Date
McKenzie Garon	November 2, 2026	November 9, 2026
Eric Martin	November 9, 2026	November 16, 2026
Kara Newton	November 16, 2026	November 23, 2026
Dale Xilon	November 23, 2026	November 30, 2026
Kerri Campbell	November 30, 2026	December 7, 2026
Kara Newton	December 7, 2026	December 14, 2026
Dale Xilon	December 14, 2026	December 21, 2026
McKenzie Garon	December 21, 2026	December 28, 2026
Eric Martin	December 28, 2026	January 4, 2027
Kara Newton	January 4, 2027	January 11, 2027
McKenzie Garon	January 11, 2027	January 18, 2027
Dale Xilon	January 18, 2027	January 25, 2027
Kerri Campbell	January 25, 2027	February 1, 2027

All On-Call Shifts are from Monday of week @ 4:30 PM to

Monday of week @ 8:30 AM

Holidays are all day; until 4:30 for Mondays.

Contact Numbers:	
Kerri	(705) 921-5202
Kara	(705) 921-5205
Eric	(705) 690-6829
McKenzie	(705) 690-1015
Dale	(705) 391-4358

*** Our office is open Monday-Thursday from 8:30am - 4:30pm and Friday from 8:30am – 12pm to provide necessary items (food, diapers, etc.). On-Call is for Child Welfare emergencies ONLY ***

SEPTEMBER/OCTOBER

EVENTS RECAP

SEPTEMBER EVENTS

On September 24th we held a stained glass resin workshop, with Moose You Matt Co. Each one of the participant's made amazing fall themed suncatchers! Here are just a few of the creations!



SEPTEMBER EVENTS

On September 30th, we hosted our annual Truth and Reconciliation Event. We did a walk to the bridge in the morning with drumming and dancing, followed by an afternoon of carnival games, and lunch.



OCTOBER EVENTS

On October 18th we hosted a car show, with cars by 363 York, and a UNDAUNTED. We had lots of cool cars and vendors, followed by a lunch!



OCTOBER EVENTS

On October 7th, and 21st we held our after school programming. On the 21st we did a Halloween themed night!





**YOUTH AFTER SCHOOL
OUTTING**



NOVEMBER 18TH



SPORTS SIMULATOR



ONLY OPEN TO 10 KIDS!

AGES 10 - 16

**LEAVING THE HEALTH
CENTRE AT 4:00 PM
(BASED ON BUS ARRIVALS)**



**SPORTS SIMULATOR
LOCATED IN NOELVILLE**

**RETURN TO HEALTH
CENTRE FOR 7:30 PM**

**MUST CALL TO SIGN UP
(FIRST CALL FIRST SERVE)**

705-857-1963



After School Programming

Ages 8-16 Years Old

3:30 - 5:30 pm

Health Centre Boardroom

Dinner Will Be Served

Please Call Band Reps To
Sign Up

705- 857- 1963



Anishinaabek
Wiidosendiwak

REMINDER
AFTER-
SCHOOL
PROGRAM IS
FOR KIDS
ONLY!

AND FOR AGES
8-16 YEARS
OLD!

THANK YOU



**Anishinaabek
Wiidosendiwak**

November After School Programing

2026

NOVEMBER

SUN MON TUE WED THU FRI SAT

1 2 3 4 5 6 7

8 9 10 11 12 13 14

15 16 17 18 19 20 21

22 23 24 25 26 27 28

29 30

Please note there will only be
1 regular after school
program in November!

ANISHINAABEK WIIDOSENDIWAK

BIGGEST AUNTIE EARRING COMPETITION

NOVEMBER 25TH

10AM

Health Centre Boardroom

LUNCH - SUPPLIES -
REFRESHMENTS
INCLUDED

Call 705-857-1963
to sign up
10 participants



Must be handmade

Walk the red carpet with
your wonderful creation

Prizes awarded to 1st, 2nd,
3rd!

Come out, have fun, be
creative!!

Those who create, get to
vote!

JOIN US FOR A

CHRISTMAS CRAFT

DECEMBER 3RD
10:00 AM - 2:00 PM

Health Centre Board Room
Call 705-857-1963

To Sign Up (8 participants)
Lunch Provided





Nursing Department

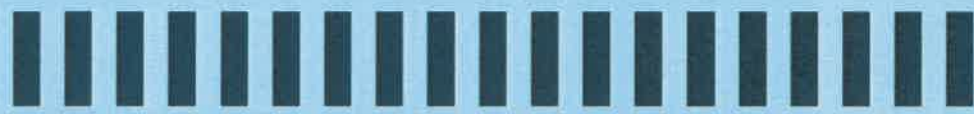


Brenda Contin, CHN

November 2026

S u	Mon	Tue	Wed	Thu	Fri
	2 NOT IN OFFICE BAND COUNCIL	3 Blazing Star Presentation	4 OFFICE	5 OFFICE	6 VACAY
	9 NIGIG AGM	10 C&C Mtg	11 OFFICES CLOSED	12 NOT IN OFFICE	13 OFFICE FLU CLINIC
	16 Staff Mtg OFFICE	17 OFFICE	18 OFFICE	19 OFFICE	20 NOT IN OFFICE VACAY
	23 OUT OF OFFICE: PERSONAL DAYS	24 _____	25 _____	26 _____	27 _____ /
	30 NOT IN OFFICE	Dec 1 OFFICE	2 OFFICE	3 OFFICE	4 OFFICE

FOOT CARE



For Elders & Diabetics

Wednesday.
November 4,
2026

Appointments will be 
approximately 30 minutes,
First appointment at 9am &
last appointment is 2:30pm

Call Darcy at the Health
Centre to book your
appointment time!



Brenda Contin-C.H.N. 705-857-1221

Community support services resuming!



We're ready to get back out in the community to help support your needs

Community support services are ready to start back up! The health centre now has a community referral form that gets filled out by the health department. Contact the health centre at 705-857-1221 and let us know what your needs are and when you would like the services.

Housekeeping



We help with light housekeeping, dishes, laundry.



Friendly visit

We provide companionship, building healthy client relationships and help with daily reminders.

HOME MAINTENANCE

- Yard clean up
- Leaf raking
- Minor outdoor maintenance
- Large garbage assistance

HOME SUPPORT

- Bed making
- Medication reminders
- Minor housekeeping/deep cleans

NEED HELP WITH HOME MAINTENANCE?

Home Maintenance is available for community members 55 years of age and older.

Grass cutting • Yard work • Snow removal
Outside window cleaning • Other home maintenance

CALL THE HEALTH CENTRE

Tell Reception what you need help with. **We will send your request to Home Maintenance.**

You do not need to fill out any forms.

WHAT HAPPENS AFTER YOU CALL?

- 1 The Health Centre sends your request to Home Maintenance.
- 2 Requests are looked at based on how urgent they are.
- 3 When the work is finished, the worker lets the Health Centre know.

WHAT IF NO ONE COMES?

Call the Health Centre and let us know.
We will follow up for you.

Please do not call Home Maintenance directly.
All requests should go through the Health Centre.

HOME SUPPORT SERVICES

Help with things like **cooking, laundry, housekeeping and grocery shopping** is coming soon, but is **not available yet**.

When Home Support Services begin, the process will be the same: **call the Health Centre and tell us what help you need.**

HENVEY INLET HEALTH CENTRE

THE SPACE WE MAKE FOR MENTAL HEALTH

IS ABOUT **BEING.**

Being present.
Being open.
Being there.

**BE A SAFE SPACE,
CREATE THE FREEDOM
FOR OTHERS TO OPEN UP.**

I HAVE TIME...
LET'S TALK...
TELL ME MORE....



**Opening
Minds**

MENTAL HEALTH
COMMISSION
OF CANADA

If You Are in Distress

If you are in distress or supporting someone in distress, you can call or text 9-8-8 at any time. If it is an emergency, call 9-1-1 or go to your local emergency department.

MENTAL HEALTH & WELLNESS

A quick guide to crisis help, culturally safer supports, local services and everyday wellness resources.

NEED HELP NOW?

Call or text 9-8-8

Hope for Wellness: 1-855-242-3310

Emergency: 911

CHOOSE THE SUPPORT THAT FITS

CRISIS SUPPORT

9-8-8 Suicide Crisis Helpline

Call or text 9-8-8 • 24/7

HSN Crisis Intervention

705-675-4760

1-877-841-1101 toll-free • 24/7

INDIGENOUS SUPPORT

Hope for Wellness

1-855-242-3310 • 24/7

Talk 4 Healing

1-855-554-4325 • 24/7

Residential School Crisis Line

1-866-925-4419 • 24/7

YOUTH & FAMILIES

Kids Help Phone

1-800-668-6868 • 24/7

Text CONNECT to 686868

Mind your Mind

Wellness tools and mental health information
for ages 14–sa29.

FIND THE RIGHT SERVICE

Henvey Inlet Health Centre

Ask clinic staff for help connecting.

Sudbury Mental Health & Addictions Centre

Community and hospital-based assessment, treatment,
support and consultation.

ConnexOntario

1-866-531-2600 • 24/7

INDIGENOUS & CULTURALLY SAFER SUPPORTS

Support that honours culture, community, language, identity and lived experience.

HOPE FOR WELLNESS

1-855-242-3310 • 24/7

Immediate emotional support, crisis intervention and referrals for First Nations, Inuit and Métis people. English and French; Cree, Ojibway and Inuktitut may be requested.

TALK 4 HEALING

1-855-554-4325 • 24/7

Culturally grounded phone and text support for Indigenous women across Ontario.

RESIDENTIAL SCHOOL CRISIS LINE

1-866-925-4419 • 24/7

Crisis support for former residential school students and their families.

MMIWG CRISIS LINE

1-844-413-6649 • 24/7

Support for people impacted by missing and murdered Indigenous women, girls and 2SLGBTQQIA+ people.

YOUTH, YOUNG ADULTS & FAMILIES

KIDS HELP PHONE

1-800-668-6868 • 24/7

Text **CONNECT** to **686868**

Confidential counselling and crisis support.

Indigenous youth may request a First Nations, Inuk or Métis crisis responder.

MINDYOURMIND

Free wellness information and interactive tools created with young people ages 14–29. This is not a crisis service.

HOW ADULTS CAN HELP

1. Stay calm and listen without judging or rushing.
2. Ask directly whether the young person feels safe right now.
3. Help them contact a trusted adult, clinic or crisis service.
4. Call 911 when there is immediate danger or a medical emergency.

TRY SAYING:

"I'm glad you told me."

"You do not have to handle this alone."

"Would you like me to stay while we call or text someone?"

ASK FOR WHAT WOULD HELP

- Ask whether an Indigenous counsellor, Elder, Knowledge Keeper or cultural support is available.
- Ask for language support or an interpreter.
- Tell the worker what makes support feel safer and more respectful.
- Ask clinic staff to help make the first call or referral.

GREATER SUDBURY & LOCAL PATHWAYS



HSN CRISIS INTERVENTION

705-675-4760 • 24/7

Toll-free 1-877-841-1101

Phone, virtual and in-person crisis support for Sudbury and Manitoulin Districts.

NISA — NORTHERN INITIATIVE FOR SOCIAL ACTION

705-222-6472

Peer support, creative expression and wellness-recovery programs led by and for people with lived experience of mental-health challenges.

[View NISA service information](#)

SAFE BEDS PROGRAM

705-523-7100 ext. 1876

Voluntary short-term residential crisis support for people 16+ experiencing a mental health or addictions crisis.

CONNEXONTARIO

1-866-531-2600 • 24/7

Text CONNEX to 247247

Navigation to Ontario mental health, addictions and problem-gambling services.

SUDBURY MENTAL HEALTH & ADDICTIONS CENTRE

Health Sciences North provides community and hospital-based assessment, treatment, support and consultation across Sudbury, Manitoulin and East Algoma.

[View Sudbury mental-health and addictions services](#)

CMHA SUDBURY/MANITOULIN

Community mental-health and substance-use services, education, advocacy and self-referral options.

[Visit CMHA Sudbury/Manitoulin](#)

WHAT TO HAVE READY

- Your name, date of birth and preferred contact information.
- A short description of what is happening and what help you want.
- Current medications, health concerns and safety concerns.
- Your health card, if requested. Do not delay urgent help if it is unavailable.

TRUSTED INFORMATION & EDUCATION



WORLD HEALTH ORGANIZATION

Mental-health education, fact sheets and evidence-informed resources.

[Visit the WHO mental-health website](#)

CANADIAN MENTAL HEALTH ASSOCIATION

Mental-health education, advocacy and community programs. The Sudbury/Manitoulin branch offers local supports.

[Visit CMHA Sudbury/Manitoulin](#)

CAMH

Clinical services, mental-health and addictions education, research and practical toolkits.

[Visit CAMH](#)

SCHIZOPHRENIA SOCIETY OF CANADA

Education, advocacy, research and recovery-focused information for people affected by early psychosis or schizophrenia and their families.

[Visit the Schizophrenia Society of Canada](#)

SELF-HELP, PREVENTION & YOUTH TOOLS



S.A.F.E. ALTERNATIVES

U.S.-based education and specialized treatment information for self-injury. Use Canadian crisis and clinical services for urgent or local care.

[Visit S.A.F.E. Alternatives](#)

INDIGENOUS SERVICES CANADA — SUICIDE PREVENTION

Information on community wellness, life promotion, youth suicide prevention and Indigenous mental-wellness services.

[View Indigenous suicide-prevention resources](#)

MINDYOURMIND.CA

Interactive tools and research-informed wellness resources co-created with young people ages 14–29.

[Visit mindyourmind.ca](#)

ANXIETY RESOURCES

CAMH provides current anxiety education and treatment information.

[View CAMH anxiety information](#)

REMEMBER: Educational websites do not replace urgent assessment, diagnosis or treatment. Use 9-8-8, 911, the clinic or local crisis services when immediate help is needed.

MENTAL HEALTH FIRST AID • FIRST NATIONS

A culturally grounded way to notice, connect and support

Mental Health First Aid is support offered to someone developing a mental-health problem or experiencing a crisis until appropriate help is found or the crisis resolves.



MENTAL HEALTH FIRST AID IN OUR COMMUNITY

Some community members and staff have completed Mental Health First Aid training. They may help notice concerns, start supportive conversations and connect people with appropriate family, cultural, community, clinical or crisis supports. Mental Health First Aid does not replace assessment, diagnosis, counselling or emergency care.

TIPS FOR SUPPORTIVE CONVERSATIONS

START WITH CONNECTION

Choose a private, comfortable place. Be patient, calm and present. Ask permission before discussing sensitive concerns.

OFFER CHOICES

Ask whether they would like family, an Elder, a trusted community member, cultural support, clinic care or another service involved.

USE PLAIN LANGUAGE

Use the words the person prefers. Avoid labels and clinical terms unless they are helpful to the person.

FOLLOW UP

Agree on one next step and a time to reconnect. Ask what would make the plan feel safer and more manageable.

WORDS CAN SUPPORT WELLNESS

INSTEAD OF

TRY

"What is wrong with you?"

"What has been happening?" or "How can I support you?"

"They are mentally ill."

"They are experiencing a mental-health concern" or use the person's preferred words.

"Attention-seeking."

"They may be communicating distress or asking for connection."

"Non-compliant."

"There may be barriers, concerns or reasons the plan is not working for them."

"Committed suicide."

"Died by suicide."

KEEP THE PERSON AT THE CENTRE: Speak about strengths, needs and experiences, not only symptoms. Respect privacy, identity, culture and the person's right to participate in decisions.

NOTICE • ASK • LISTEN • CONNECT

NOTICE A CHANGE

Look for changes in mood, behaviour, sleep, daily activities, substance use, relationships or ability to cope.

ASK WITH CARE

"I have noticed things seem harder lately. How are you doing?"
When concerned about suicide, ask directly and calmly.

LISTEN WITHOUT JUDGMENT

Be present. Avoid debating, lecturing, diagnosing or promising secrecy when safety is at risk.

CONNECT TO SUPPORT

Offer choices: family, community, cultural supports, the clinic, 9-8-8, local crisis services or emergency care.

URGENT SAFETY: If there is immediate danger, serious injury or the person cannot stay safe, call **911**. For suicide-related crisis support, call or text **9-8-8**.

FIRST AID IS NOT THERAPY OR DIAGNOSIS. It is immediate, compassionate support and connection to appropriate care.

[Learn about MHFA First Nations](#) • [Mental Health First Aid Canada](#)

MY MENTAL HEALTH SUPPORT PLAN

PEOPLE I CAN CONTACT

- | | |
|----------|--------------|
| 1. _____ | Phone: _____ |
| 2. _____ | Phone: _____ |
| 3. _____ | Phone: _____ |

EARLY SIGNS I NOTICE

WHAT HELPS ME FEEL SAFER OR CALMER

SERVICES I WANT TO CONTACT

CALL OR TEXT 9-8-8 • HOPE FOR WELLNESS 1-855-242-3310 • EMERGENCY 911

Henvey Inlet Health Centre*Information checked October 19, 2026. Confirm service details when contacting a provider*



Michelle Moses – Community Wellness Worker

November

2026

Community Wellness Worker

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Meeting 9am	3 Planning	4 Shopping	5 Wreath making 1:00-4pm	6 meeting	7
8 Indigenous Veterans Day	9	10 Shopping	11 Ceremony @11 Graveyard	12	13	14
15	16 Meeting 9am	17	18	19	20 meeting (online)	21
22 Shopping	23 Grand opening of Roundhouse 11:00 AM	24 Dibikad Giizis Fullmoon 7pm	25	26	27 PA Day	28
29	30 Cedar bath					

NOVEMBER 5TH

WREATH MAKING

1PM - 4PM

PLEASE JOIN US
FOR CEREMONY
AT THE
GRAVEYARD 11AM
ON NOVEMBER
11TH.

Lest We Forget



NATIONAL ABORIGINAL VETERANS DAY



November 8, 2020

The Federal Government established National Aboriginal Veterans Day on November 8, 1994 to honor the thousands of First Nation, Inuit and Metis veterans who were not recognized in Remembrance Day activities. It is now celebrated in many communities across Canada.

Over 12,000 Indigenous people are estimated to have volunteered in all three wars, including 7,000 First Nations members and approximately 300 died during these conflicts. In 1995 the first wreaths to honour Indigenous Veterans were laid at the National War monument.

First Nations were exempt from conscription because they were not considered citizens of Canada (they were also unable to vote), but many volunteered along with Metis, Inuit and non-Status Indians despite the challenges they faced, including traveling long distances from remote communities to enlist, learning a new language (English), and coping with racism against them. They did not have the right to obtain other benefits available to non-Aboriginal Veterans due to Indian Act restrictions.

Indigenous people were not allowed to join the Canadian Air Force until 1942 and the Canadian Navy until 1943, as you had to be of "pure European descent". Both men and women enlisted, serving as soldiers, nurses and in other roles. Many served with distinction, winning medals for bravery in action.

In 2003 First Nations veterans and survivors were identified as eligible for up to \$20,000 in compensation. In 2009 the Canadian Government finally recognized the service of Metis Veterans with a monument on Juno Beach in France.

Then in 2019, 74 years after the end of the war, surviving Metis Veterans were given \$20,000 in compensation for their service.

Today Indigenous people continue to serve in Canada's Armed Forces.



LEST WE FORGET



INDIGENOUS VETERANS DAY 2026

YOU'RE INVITED TO
CELEBRATE
THE
GRAND OPENING

COMMUNITY ROUNDHOUSE

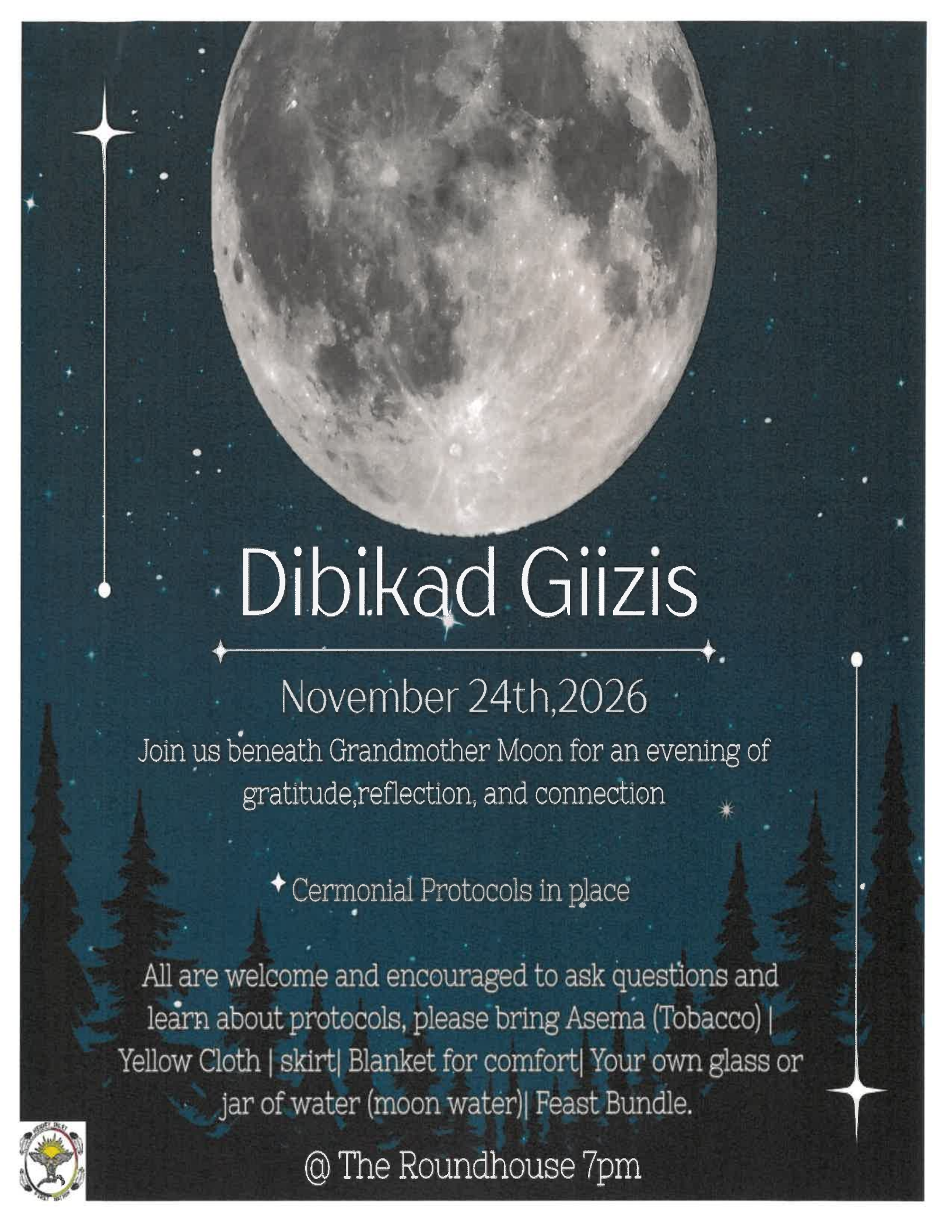
**Come celebrate with us as we open the doors
to a vibrant new gathering place for
community!**

**TUESDAY
NOVEMBER
24TH
2026
11:00AM**

FULL MOON

Honouring New Beginnings Beneath the Full Moon





Dibikad Giizis

November 24th, 2026

Join us beneath Grandmother Moon for an evening of
gratitude, reflection, and connection

★ Cermonial Protocols in place

All are welcome and encouraged to ask questions and
learn about protocols, please bring Asema (Tobacco) |
Yellow Cloth | skirt | Blanket for comfort | Your own glass or
jar of water (moon water) | Feast Bundle.

@ The Roundhouse 7pm



Cedar Bath

Wellness Honouring Grief



Physical health



Mental Wellness



Emotional Wellness



Social Well-being



Spiritual Balance

November 30TH
2PM-4:00 PM
10 SPOTS



Henvey Health Centre 705 857 1221 CWW & NADAP



NNADAP Worker
Brenda Roberts

A single yellow feather is positioned in the upper right corner of the page, pointing downwards and slightly to the left. The background features soft, watercolor-like washes of yellow and pink.

NOVEMBER 2 & 3, 2026
5-8 PM

MAKING
FEATHER CASES

BRENDA OR MICHELLE

A single red feather is positioned in the lower left corner of the page, pointing upwards and slightly to the right. The background features soft, watercolor-like washes of pink and yellow.

NOVEMBER 7 & 8, 2026
9 AM - 3 PM

BEAVER HAT MAKING

BRENDA OR MICHELLE



Complete the Moose Hide Mitts



November 14 & 15, 2026
10 AM-4 PM



Contact Brenda Roberts





TRADITION OVER ADDICTION

FEATURING

K.A.S.P.

**MULTI-AWARD WINNING HIP-HOP ARTIST &
MOTIVATIONAL SPEAKER**

KEYNOTES • ENGAGING WORKSHOPS • MOTIVATIONAL HIP-HOP PERFORMANCES • HIP-HOP DANCE PARTY



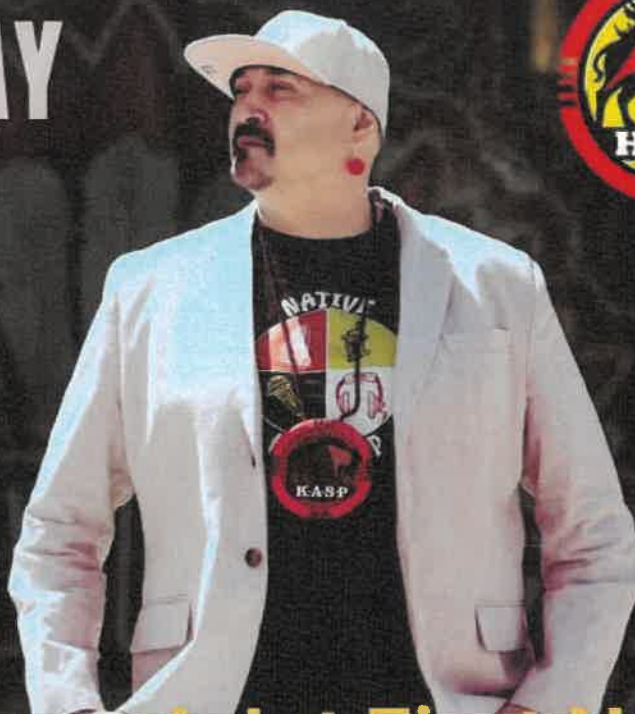
Henvey Inlet First Nation
November 16– 19, 2026

Tradition Over Addiction presents:

H.O.P.E. 4 DAY WORKSHOP



Facilitated by Multi
Award-Winning
Motivational Hip-Hop
Artist & Facilitator:



**Henvey Inlet First Nation
November 16-19 2026**

Healing • Overcoming • Passion • Empowerment

**With a • MOTIVATIONAL HIPHOP PERFORMANCE
• HIP-HOP POW WOW DANCE PARTY**

Hosted by: DJ Jay D, K.A.S.P. & Brandon Peters

THE TEAM Brandon Peters —
HipHop Artist/Actor

Nisga'a Nations Own DJ Jay D —
DJ — Hip-Hop Pow Wow Dance Party



FOR BOOKINGS:
Contact Milana Ward
milana@diversitytalent.ca
traditionoveraddiction.ca

Everyone is Welcome!! Please Call Health Centre to register!!



H.O.P.E

Personal Development Workshop



Henvey Inlet First Nation

November 16-19, 2026

MONDAY	NOVEMBER 16
10:00am - 12:00pm	• WORKSHOP
12:00pm - 1:00pm	• Lunch - Provided by Community
1:00pm - 4:30pm	• WORKSHOP / Wrap-up
TUESDAY	NOVEMBER 17
10:00am - 12:00pm	• WORKSHOP
12:00pm - 1:00pm	• Lunch - Provided by Community
1:00pm - 4:30pm	• WORKSHOP / Wrap-up
WEDNESDAY	NOVEMBER 18
10:00am - 12:00pm	• WORKSHOP
12:00pm - 1:00pm	• Lunch - Provided by Community
1:00pm - 4:30pm	• WORKSHOP / Wrap-up
4:30pm - 5:30pm	Dinner - Provided by Community
5:30pm - 6:30pm	Motivational Hip Hop Performance (Open to all)
6:30pm - 9:30pm	HIP HOP POW WOW DANCE PARTY (Open to all)
THURSDAY	NOVEMBER 19
10:00am - 12:00pm	• WORKSHOP
12:00pm - 1:00pm	• Lunch - Provided by Community
1:00pm - 3:00pm	• WORKSHOP / Wrap-up / Group photos

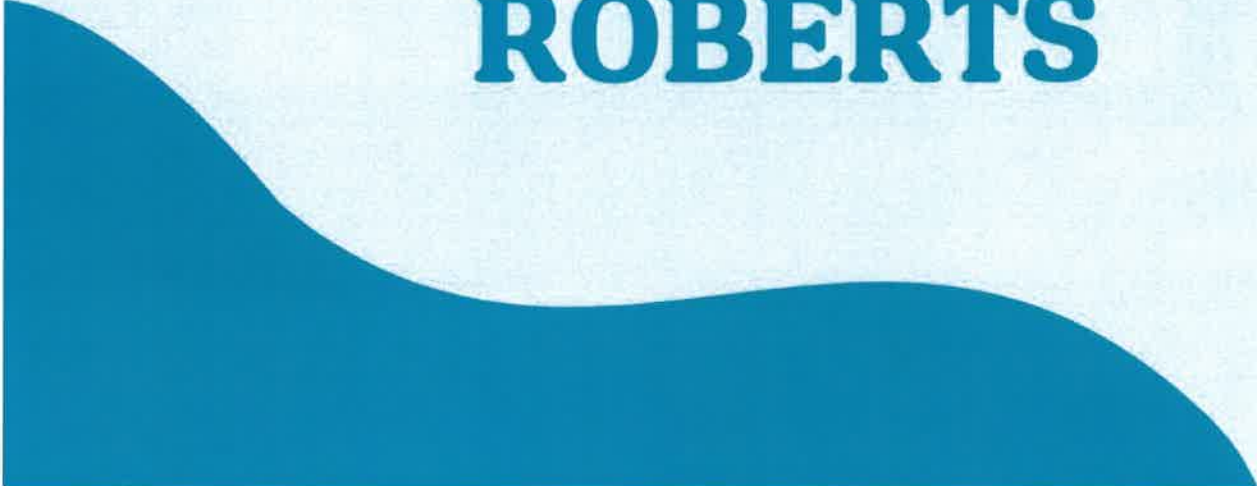
**** Please note that breaks will be taken as needed throughout the conference. ****

AA/NA

EVERY SUNDAY • 5–7 PM

**A place to connect and find support
Contact Brenda Roberts**





**HARM
REDUCTION
SUPPLIES ARE
AVAILABLE FROM
THE NNADAP
WORKER,
BRENDA
ROBERTS**



TUESDAYS ONLY!

NEEDLE EXCHANGE PROGRAM



Please see NNADAP Worker, Brenda Roberts to drop off used needles and pick up new ones.

If any questions, Please call Health Centre

AVAILABLE FROM NNADAP

Naloxone Kits

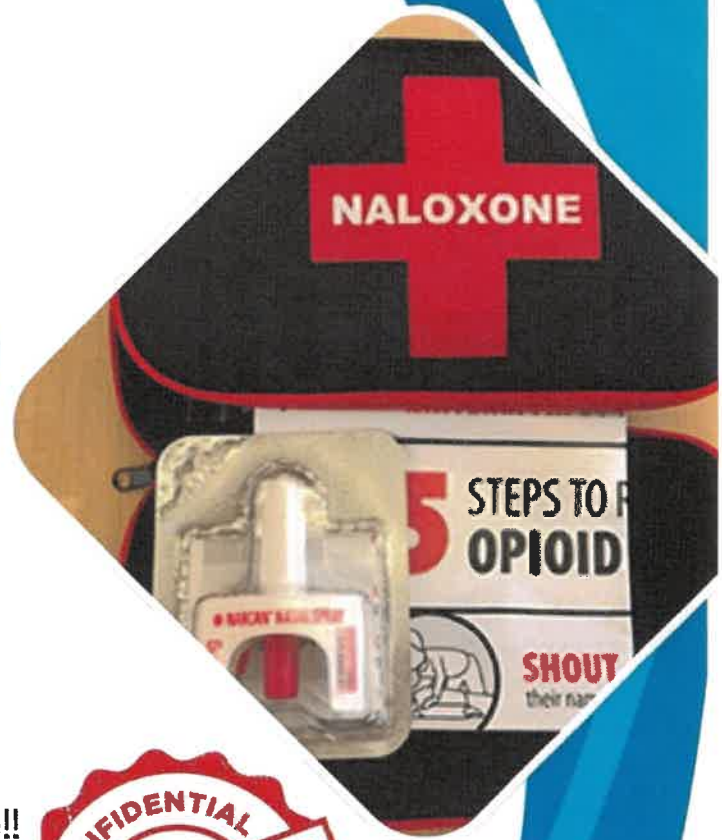
If you require a Naloxone Kit, Come see Brenda Roberts at Health Centre!!

Drop off expired Naloxone Kits also!!!



Drug Testing Kits

Take home kits available to test street drugs for fentanyl, benzodiazepines, and xylazine before use.



**CULTURAL
COORDINATOR**
Stan Moses

**Henvey Inlet First Nation Health Centre
354A Pickerel River Road- Pickerel, ON
PoG 1J0**

(705)857-1221 EXT: 229

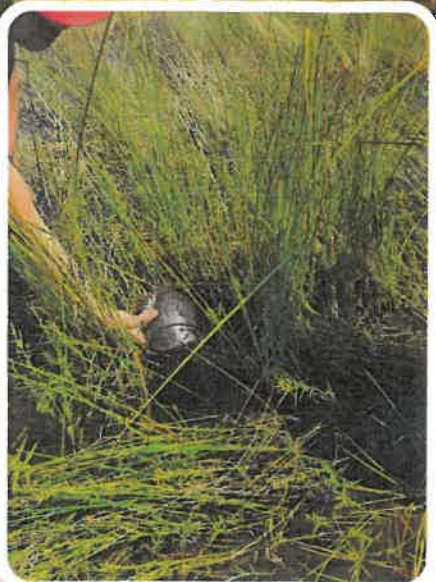
SHARING KNOWLEDGE AND PERSPECTIVES

LEARNING FROM THE LAND AND COMMUNITY

AN INVITATION TO ELDERS & KNOWLEDGE CARRIERS

Elders and Knowledge Carriers are invited to join the Blazing Star team for an informal gathering about our long-term reptile monitoring project on HIFN lands.

This is an opportunity to share your perspectives about the research and the land. Your knowledge and experience are valued and will help inform how we approach this work in the future.



INTERESTED IN JOINING US?

If you're interested in attending, please add your name to the sign-up sheet.



Food, refreshments, and honoraria provided for all participants

Tuesday November 3, 2026
Henvey Inlet Health Centre
Boardroom
Starting @10AM



HENVEY INLET FIRST NATION
WELCOMES



GILLIAN PRINCE HAND POKE TATTOO ARTIST

Only 5 Spots/Day, Call Health Centre to
book your appointment slot now!
Appointments start at 10am

NOVEMBER 14 & 15, 2026

Appointments are approx. 30/45 minutes
The below options are available to choose from in order to keep on
schedule or something custom as long as it is small
If any questions Contact Stan Moses



Canadian Fire **Arms & Safety.** **Course**

Facilitated by Regan Pilatkze

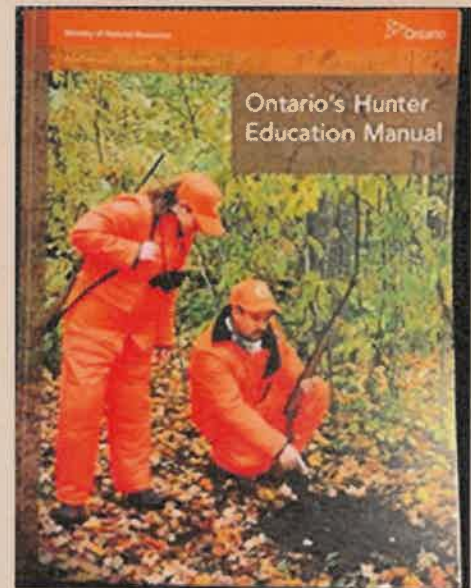
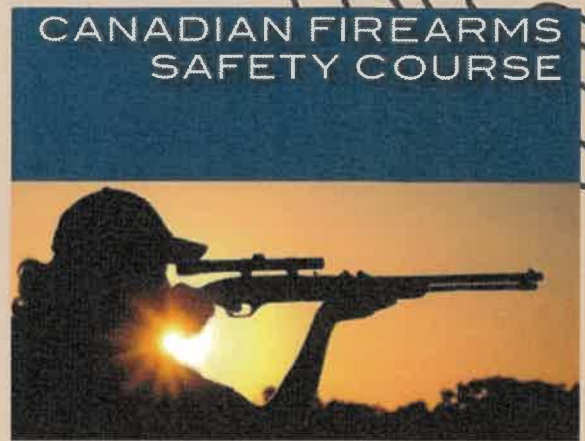
November 24, 25 &
26, 2026

10am start each day

O&M Office 2 (Upstairs)

COURSE IS FULL!!

For those signed up, please
call to confirm your
attendance!



Contact Person: Stan Moses
705-857-1221



THURSDAY'S
NOVEMBER 5, 12, 19, 26
2026

MEN'S CIRCLE

WITH GARY

**NEW HEALTH CENTRE -DINNER TO BE
PROVIDED**

Starting at 5:00 PM

NO SIGN-UP NEEDED!

**FOR FURTHER INFORMATION OR IF A RIDE IS NEEDED WITHIN
COMMUNITY, CONTACT:**

CULTURAL COORDINATOR- STAN MOSES 705-857-1221



Women's Group

W. Gary Martin



**Wednesday's November 4, 18, &
25, 2026**

Starts with Lunch at 11:30pm

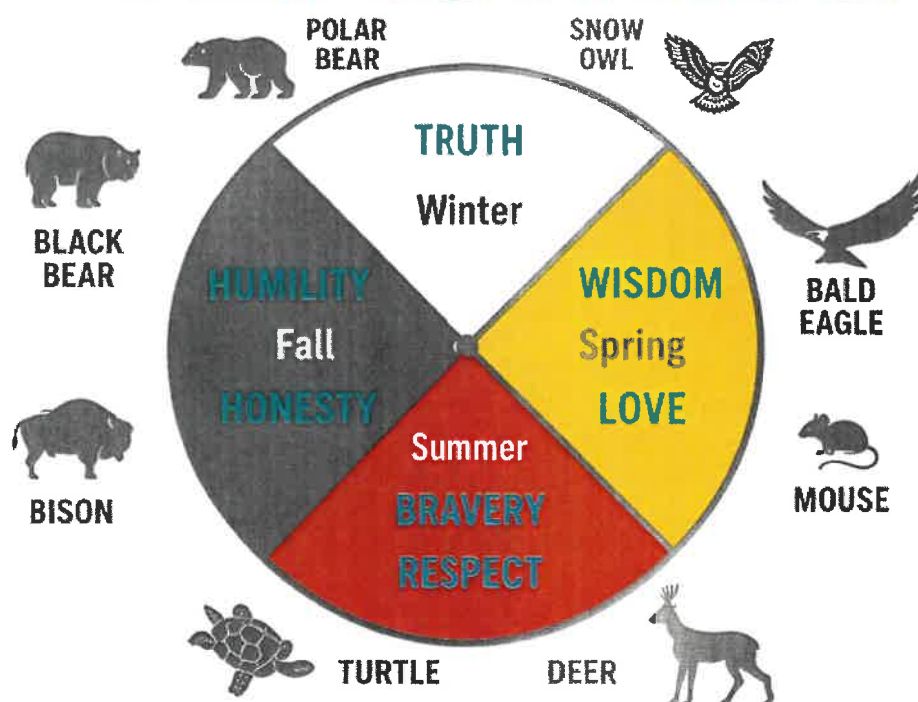
Henvey Inlet Health Centre in the
Health Room

admin@henveymedicalcentre.com

Contact : Stan Moses 705-857-1221

NEW!
ACCEPTING
NOMINATIONS
ALL YEAR!

7 GRANDFATHER TEACHING



2027 AWARDS CALL FOR NOMINATIONS

Nominations are now being accepted all year for individuals who have made a positive contribution to our community. Nominators are encouraged to nominate an individual who has demonstrated one or more of the Seven Grandfather Teachings.

Nominations can be submitted into one of the two Ballot boxes located at the Administration Building or Health Centre.

Submission Deadline is April 30, 2027

@ 12 NOON

1

A decorative header featuring two large spider webs in the corners and a single spider hanging from a thread in the center.

Halloween Hot Spots

A single bone lying horizontally on the left side of the title.A single bone lying horizontally on the right side of the title.

Lionel & Debbie Fox- 1128 Pickerel River Road

Luana McQuabbie- 761 Pickerel River Road- Apt #3

Lyndy McQuabbie McQuabbie- 708 Pickerel River Road

Rachel Kagagins- 603 Pickerel River Road

Sherry/Charlotte Contin- 32 West Road

Janice McQuabbie- 578 Pickerel River Road

Deidre Contin- 555 Pickerel River Road

Raine McQuabbie- 498 Pickerel River Road

Nevada Roberts- 499 Pickerel River Road

Debbie Newton- 472 Pickerel River Road

Louise Ashawasegai- 456 Pickerel River Road

Kimberly McQuabbie- 433 Pickerel River Road

Charlene Ashawasegai- 420 Pickerel River Road

Lorne Contin/Candis Day- 314 Pickerel River Road

GAS BAR

COMMUNITY HALL- 18 Sandpit Road

Shirley McQuabbie- 38 Sub Road

Ed Panamick- 44 Sub Road

Stacy McQuabbie- 158 Sub Road

Sorry if anyone was missed!

