



Happy  
Mother's  
Day



 **COMMUNITY  
CLEANUP**  
May 15, 2018

**RABIES  
VACCINATION  
CLINIC**



May 7, 2018

**Loonie Auction  
Saturday May 26**



**Offices Closed  
Monday May 21, 2018**





## Attention

If any sharps/needles are found on the ground or anywhere in the community **DO NOT** pick them up to dispose of them yourself!! You are putting yourself at risk by doing so!

Please call the Health Centre with the location and a Staff Member will come to dispose of the needles/sharps properly and sanitarily!

Thank You!



# Band Council \*Meeting

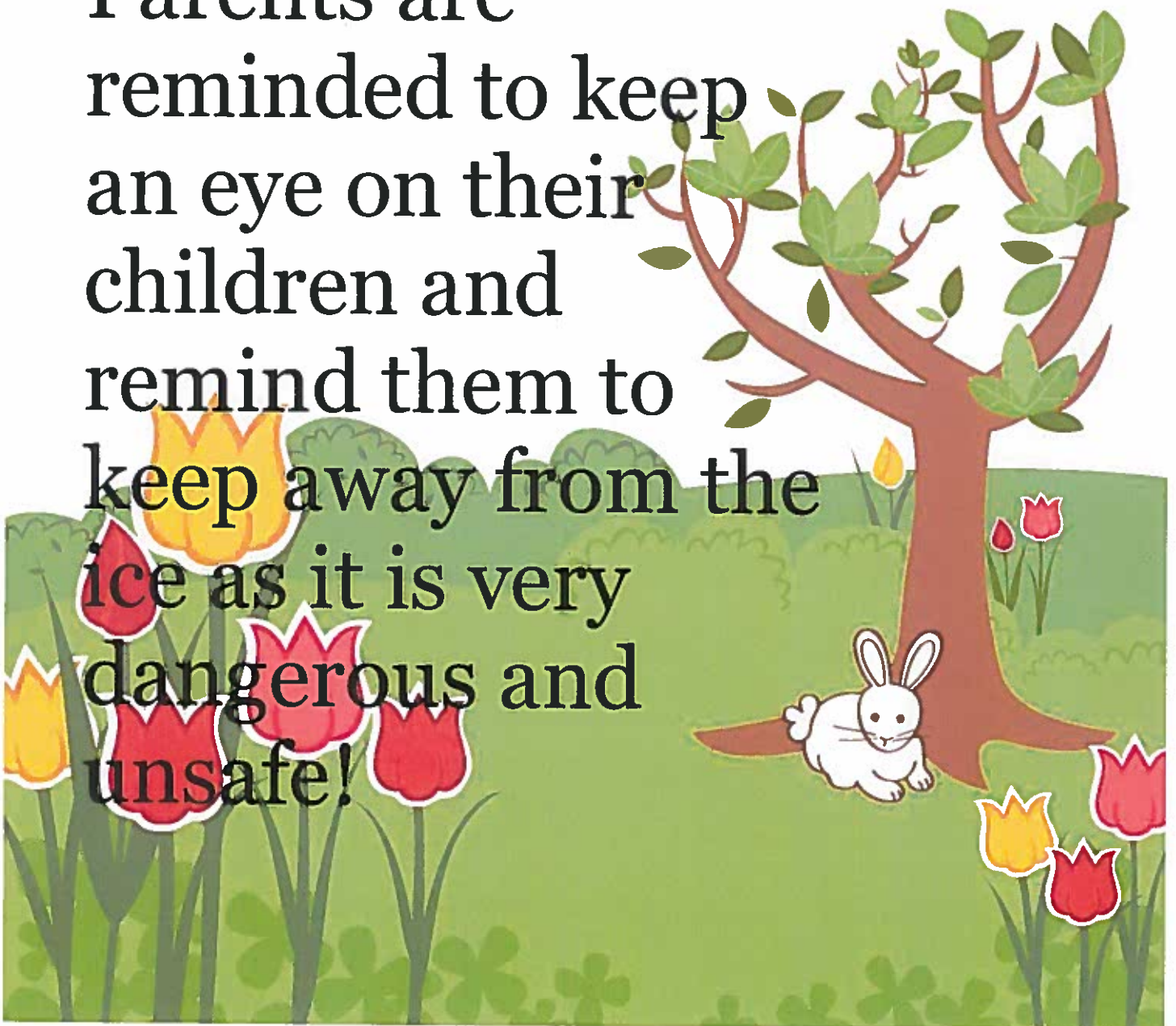
Monday June 4, 2018

6:00pm Firehall

-Matrimonial Real Property Law will be on  
the agenda


# SPRING IS HERE!

Parents are reminded to keep an eye on their children and remind them to keep away from the ice as it is very dangerous and unsafe!





# IMPORTANT REMINDER TO STUDENTS!

	Human Resources Development Canada	Développement des ressources humaines Canada
SOCIAL INSURANCE NUMBER	NUMÉRO D'ASSURANCE SOCIALE	
<b>000 000 000</b>		
<b>FIRST NAME, LAST NAME</b>		

All Summer Students applying for Summer Employment within Henvey Inlet First Nation must have a Social Insurance Number prior to applying for Employment!

With an exception to Grade 8 Students!

This will be required to be presented at the Summer Student Orientation on July 3, 2018

THANK YOU!

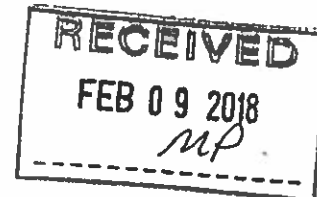




January 31, 2018

4058-3-231

Chief and Council  
Henvey Inlet First Nation  
295 Pickerel River Rd.  
PICKEREL, ON P0G 1J0



**Re: 2018 Treaty Annuity Payment**

Please be advised that treaty payments will be made at your First Nation as follows:

**DATE:** Tuesday, May 8, 2018  
**TIME:** 1:30 p.m. to 3:00 p.m.

Please confirm the date as well as location in writing no later than Thursday, February 15, 2018. Your confirmation can be sent to the Treaty unit by using the following choices:

**MAIL:** Department of Indigenous Services Canada  
100 Anemki Place, Suite 101  
Fort William First Nation, ON P7J 1A5

**or FAX:** 807-623-3536  
**or EMAIL:** Crystal.Silvaggio@canada.ca / Lenaya.Grassia@canada.ca

Thank you

Lenaya Grassia  
Jr. Treaty Payment Officer  
Governance, Individual Affairs and Government Relations  
Department of Indigenous Services Canada  
Thunder Bay Business Centre  
(807) 624-1516

cc: Debbie Newton, Indian Registration Administrator



**HENVEY INLET FIRST NATION  
HUMAN RESOURCES COORDINATOR  
EMPLOYMENT OPPORTUNITY**

**INTRODUCTION**

Henvey Inlet First Nation is seeking a full-time Human Resources Coordinator to provide general and administrative support in an array of functional areas for the Human Resources. The position of Human Resources Coordinator reports to the Director of Finance and Administration and supports the requirements of all departments within the HIFN by providing support on day-to-day operations ensuring the efficient delivery of all HR Services. This position requires the highest degree of integrity and trustworthiness. This individual will be responsible for various aspects of human resources with a strong focus on programs and administration.

**ESSENTIAL JOB DUTIES**

The position of Human Resources Coordinator will assume such responsibilities as follows:

- Participate in the recruitment process, work with supervisors to identify, attract and recruit candidates for open positions (posting, interviews, pre-employment verifications, integration, on boarding process etc.);
- Co-ordinate and conduct all new hire orientation;
- Serve as the initial contact for all HR related inquiries by communication company policies, procedures, legislation;
- Monitor HR mailbox, respond to general inquiries and redirect incoming messages as needed;
- Prepare orientation files for new hires;
- Coordinate training initiatives;
- Schedule interviews;
- Post new employment opportunities on external job boards and HR bulletin board;
- Maintain compliance records related to Health & Safety and other legislatively required training;
- Participate in the various Health & Safety programs and JHSC activities;
- Arrange and engage in annual performance appraisals;
- Assist with the management of work related incident files (WSIB claims management, modified duties, follow-up on corrective action);
- Work with Supervisors and Payroll to track and record schedules, attendance, late, early departures, vacations entitlements, sick days, leave of absences as requires for Managers;

- Process Records of Employment (ROE's); Responsible for setting-up and maintain all hourly and salary employee files;
- Administrate the employee Group Health Benefits, including new employee enrolment, changes etc.;
- Answer routine benefits questions for supervisor and employee and assist with problem solving;
- Act as a liaison between employees and insurance carriers to resolve problem and clarify benefits;
- Assist and provide support in the organizing of HIFN events such as handling meeting room bookings and associate catering requests;
- Engage in various other duties and special projects as assigned.

### **EDUCATION/TRAINING**

- A college degree/diploma/certificate in Human Resources is required;
- CHRP certificate of working towards one is preferred

### **EXPECTATIONS**

- 1-3 years' experience in a similar role;
- Strong knowledge of employment legislation including Health & Safety and Human Rights both federal and provincial legislation;
- Experience with behavioral and values-based interviewing and selection techniques;
- Strong organization and multi-tasking skills, attention to detail and ability to prioritize workload;
- Strong written and verbal communication skills;
- Professional attitude and customer service focused;
- Must have excellent interpersonal skills, be well organized, prioritize and capable of handling a busy workload with a strong focus on programs and administration;
- Competent skills in Microsoft Office are required;
- Draft for review various policies as required

### **HOURS OF WORK**

Full Time 31.5 hrs

### **REMUNERATION RANGE**

\$45,000 - \$55,000 negotiable based on experience

**Deadline for application is May 29, 2018 @ 4:30 p.m.**

Those interested in applying should submit their resume to

Henvey Inlet First Nation

295 Pickerel R. Rd.

P0G 1J0

Tel (705) 857-2331

Fax (705) 857-3021

Email: [millie.pawis@henveyinlet.com](mailto:millie.pawis@henveyinlet.com)



# Henvey Inlet First Nation

## 15th Annual Traditional Pow Wow

### HONORING DRUMMERS AND DANCERS

#### Past/Present/Future

### GRAND ENTRY

SATURDAY - 1:00 PM &

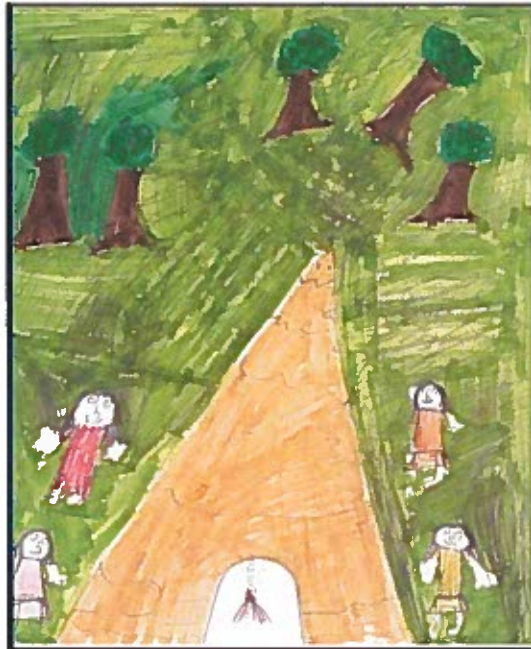
7:00 PM

SUNDAY - 12:00 PM

### HEAD DANCERS

DANIELLE JONES &

CHANCE KING



### FEAST

SATURDAY JUNE 9, 2018

@ 5:00 PM

### M.C.

PAUL OWL

### ARENA DIRECTOR

ROBERT STONEYPOINT

DESIGNED BY OUR YOUNG COMMUNITY MEMBER MISS MYRA CONTIN -MCQUABBIE

# JUNE 9 & 10, 2018

### HOST DRUM

YOUNG EAGLE

### CO HOST DRUM

BLACK BULL MOOSE

### INVITED DRUM

LAKE OF THE WOODS

INVITE DRUMS, ONLY RECEIVE HONORARIUMS

PLEASE REGISTER YOUR CRAFT/FOOD VENDOR BY CONTACTING BAND  
ADMINISTRATION @ 705-857-2831. CONTACT PERSON: KIMBERLY MCQUABBIE

E-MAIL: [kmcquabbie@gmail.com](mailto:kmcquabbie@gmail.com) OR 705-822-9069

WE ARE LOCATED OFF HIGHWAY 69, 45MINS SOUTH OF SUDBURY AND ONE HOUR  
NORTH OF PARRY SOUND. WATCH FOR SIGNS - PICKEREL RIVER TURN OFF - CAMPING IS



**THIS IS A DRUG AND ALCOHOL FREE EVENT!!!**

# DibAAJIMOOWINAN

GEZHTOOJIG EMPLOYMENT & TRAINING

**MAY 22, 2018 Henvey Inlet Community Outreach**  
*Sandra Martin will be available to meet with you in the community.*

WHERE	DATE & TIME
Henvey Inlet—Health Centre	Tuesday, MAY 22/18 9:00-10:15am

**Unemployed & Looking for Options?**

**Are you Indigenous or a member of one of these First Nations?**

- Henvey Inlet First Nation
- Magnetawan First Nation
- Shawanaga First Nation
- Wasauksing First Nation
- Dokis First Nation
- Wahnapiatae First Nation
- Temagami First Nation

**Purchase of Training:**

- For full-time programs (20+hours/week)
- Must obtain diploma within 52 weeks
- If eligible, funding may be available for tuition, books/supplies, transportation, dependent care, and living allowance

**PROGRAMS  
TO ASSIST  
UNEMPLOYED**

**Apprenticeship:**

- Wage Subsidies available for Registered Apprentices
- Purchase of Training for In Classroom Offer of Training

**Wage Subsidies:**

50% of wage for full-time jobs

**Mobility:**

Assistance to attend job interview

**Relocation:**

Assistance to relocate for a full-time job

**Employment Support:**

Up to \$250 to start a full-time job

**Self Employment Information**

Administer Second Careers



**ONTARIO WORKS SCHEDULE MAY 2018**

**MONDAY TO THURSDAY 8:30 a.m. to 2:30 p.m.**  
**OUT OF OFFICE: May 7<sup>TH</sup> - 9<sup>th</sup> VANCOUVER**  
**May 14<sup>th</sup> - 17<sup>th</sup> ONWAA SPRING ASSEMBLY**

**EMPLOYMENT ASSISTANCE**

**COMPUTER TRAINING WILL TAKE PLACE MONDAY, APRIL 30<sup>TH</sup>**  
**AND CONTINUE EVERY OTHER MONDAY DEPENDING ON**  
**INTEREST... \$25.00 INCENTIVE ALLOWANCE WILL BE ISSUED**  
**WEEKLY AND A **GOOD USED LAPTOP** AFTER ATTENDING**  
**FAITHFULLY FOR 6 MONTHS**

**LUNCH N LEARN BINGO**

**THURSDAY, MAY 23<sup>RD</sup> @ THE LIBRARY 12 NOON**  
**ONLY 10 PARTICIPANTS!! SEE JUDY TO SIGN UP**

**EMPLOYMENT INFORMATION SESSION**

**IPREP BY CANADORE COLLEGE**  
**THURSDAY, MAY 31<sup>ST</sup> @ 11:30 A.M.**  
**GIFT CARD INCENTIVES**

\*\*\*\*\*

**FOOD BANK FRIDAY, MAY 18<sup>TH</sup> @ 11 A.M.**



**ONTARIO WORKS**

**LUNCH N LEARN BINGO**



**WHEN: THURSDAY, MAY 24, 2018**

**TIME: 12:00 NOON**

**WHERE: FIREHALL**

**PRIZES: GIFT CARDS**

**CAN ONLY ACCOMMODATE (10) PARTICIPANTS SO THE FIRST (10)**

**TO CALL IN OR DROP BY TO PUT NAME IN WITH JUDY WILL BE  
OUR FIRST BINGO PLAYERS.**

**LUNCH PROVIDED**

**MEEGWETCH**

# Overview of Social Assistance Commitments in the 2018 Ontario Budget – Year 1

- The 2018 Budget was tabled on March 28, 2018
- The budget contains a number of commitments to support the first three years of an action plan to reform Ontario's Income Security System, with an initial focus on social assistance transformation
- The commitments were informed by the recommendations of the three income security reform working groups, including the First Nations working group, identified in the report, Income Security Reform: Roadmap for Change – submitted to government in November 2017
- The First Nations Income Security Reform Working Group has been reconstituted as the First Nations and MCSS Joint Social Services Table (JSSST) to provide an ongoing forum for collaboration and co-design on changes to social assistance
- Implementation of the changes included in the 2018 Budget is subject to the passing of the Budget and required regulation amendments

Proposed!!!

# Overview of Social Assistance Commitments in the 2018 Ontario Budget – Year 1

## Social Assistance Rates

- The following changes to rates are proposed (Sept/Oct 2018):
  - a 3% increase in social assistance basic needs and shelter – to be applied to the basic needs rate – in each of the next three years
  - a 2% increase to other supplementary allowances (e.g. RCA) in each of the next three years
  - elimination of the board and lodge rate category, individuals in board and lodge situations would be eligible for basic needs and shelter amounts – this is the first step to implementing a single standard adult rate proposed for year three

## Income and Assets

- It is proposed that:
  - the flat rate earnings exemption be increased from \$200 to \$400 – the 50% exemption of additional dollars earned would remain (Dec 2018)
  - the waiting period for earnings exemptions under Ontario Works be reduced from 3 months to 1 month (Dec 2018)
  - voluntary financial gifts and payments be 100% exempt (Nov 2018)
  - children’s benefits from other jurisdictions be exempt (pending regulation amendments)

## Temporary Care Assistance

- It is proposed that:
  - TCA rates increase by 2% in each of the next three years (Sept/Oct 2018)
  - In year 2, eligibility rules change to focus solely on whether or not the child is living with their parents – i.e. remove concept of “temporary”

# Overview of Social Assistance Commitments in the 2018 Ontario Budget – Year 1

## Roomer and Boarder Rental Income Charges (Nov 2018)

- It is proposed that:
  - The minimum \$100 charge for rental income from a roomer/boarder be eliminated
  - Roomer/boarder rental income charges be reduced from 60% and 40% respectively to 25%

## Definition of Spouse (Nov 2018)

- It is proposed that the period of cohabitation for two people who are not married or who do not share a child together are considered spouses increases from 3 months to 3 years

## Medical Travel Benefits (Nov 2018)

- It is proposed that the costs of travel to Indigenous Healers be eligible under ODSP

## Extend Pregnancy and Breastfeeding Nutritional Allowance (Nov 2018)

- It is proposed that eligibility for the allowance be extended from 1 year to 2 years

## LEAP (Sept 2018)

- It is proposed that mandatory participation in LEAP be removed

# Overview of Social Assistance Commitments in the 2018 Ontario Budget – Year 1

## Absence of Ontario (Nov 2018)

- It is proposed that the period of absence from Ontario before which prior approval is required be extended from 7 days to 30 days in Ontario Works and 30 days to 60 days in ODSP

## Children Attending School Away from Their Primary Residence (TBC)

- It is proposed that children attending school away from their primary residence be maintained in the parental benefit unit and the requirement for children to return home on the weekends in order to maintain payments on their behalf be removed

## Support a Culture of Change (Year 1)

- It is proposed that consultations begin on a new purpose statement for the Ontario Works Act that focuses on helping individuals overcome barriers to social and economic inclusion – transforming the culture of Ontario Works to one of trust, collaboration and problem-solving



# Overview of Social Assistance Commitments in the 2018 Ontario Budget – Year 1

## First Nations Focused Changes

The following proposed changes recognize the unique challenges faced by First Nation communities

### **Remote Communities Allowance (Nov 2018)**

- It is proposed that:
  - the geographic criteria for RCA be change from north of the 50<sup>th</sup> parallel to north of the 47<sup>th</sup> parallel
  - Individuals residing in First Nation communities no longer be subject to the two part eligibility test – meaning residents in communities north of the 47<sup>th</sup> parallel would be eligible regardless of road access and residents in communities south of the 47<sup>th</sup> parallel without year round road access would be eligible

### **Discretionary Benefits (pending regulation amendments)**

- It is proposed that the \$10/case cap on the provincial contribution to discretionary benefits expenditures for First Nation Ontario Works delivery partners be removed

### **Living With Parents Rule (Nov 2018)**

- It is proposed that dependent adults living in First Nation communities who reside with their parents would have the flexibility to elect to receive Ontario Works as recipients in their own right (i.e. exempt from the living with parent's rule)

# Overview of Social Assistance Commitments in the 2018 Ontario Budget – Year 1

## First Nation Focused Changes - Continued

### Treatment of Training Allowances (pending regulation amendments)

- It is proposed that training allowances received by individuals residing in First Nation communities be exempt as income, including reimbursements for transportation and child care

### Pilot ODSP Delivery in First Nations Communities

- It is proposed that the delivery of ODSP be piloted in a few First Nation communities beginning in 2019/20 – with co-design of the pilots occurring this year

### Prescribed Class under ODSP (July 2018)

- It is proposed that individuals in receipt of payments under the Mercury Disability Fund be a prescribed class under ODSP

Collaboration on an implementation plan for these changes in your communities will continue at the Joint Social Services Table

- The First Nations caucus of the Table will be developing a standalone document that speaks to the potential impact of these changes in your communities

# IPREP

(Indigenous Poverty Reduction Education Program)

A college pathway support program in partnership with First Nation Ontario Works offices.

## Lunch & Learn Information Session

Henvey Inlet First Nation  
**Ontario Works Program**  
 Employment Information Session  
 Thursday, May 31, 2018 @ 11:30 a.m.  
 At Firehall  
 Lunch will be provided



**Our job, is to help you succeed.**

That is why we are offering a new education program with specialized support just for you.

## Ontario Works Clients:

Are you interested in attending a program at Canadore College? Do you know what program you want or do you need assistance in choosing?

### Why Canadore?

- Affordable learning
- One-on-one training
- Skilled professors
- Industry standard labs and training tools
- Bus pass while in school
- Doctor and nurse on campus
- Customized supports
- Highest grad rate

### Specialized Support

- Direct application to Canadore
- Assistance with funding applications
- Education plans/goal setting
- Mature Student testing
- Access to Indigenous knowledge keepers/elders
- Supplies, laptop loans and residence subsidies
- Tutoring and customized support
- Employment Services before and after graduation

### Eligibility

- Ontario Works recipient
- Interest in pursuing a college education between Jan 2018 and Sept 2019



An agency of the Government of Ontario  
 Un organisme du gouvernement de l'Ontario

**For more information, talk to your Ontario Works staff for an application and referral to the program.**

# RABIES CLINIC

With Dr. Veronica of Walden Animal Hospital

**\$22/animal for Non-Band Members. First 2 animals FREE for Band Members.**

**Parvovirus/Distemper vaccines for dogs & Panleukopenia/Rhino/Calici shots for cats MIGHT be available! Call for info on price!**

**Please contact Darcy to pre-register your animal/s. Have the following information ready when you call: Name of animal, weight, age, breed, and colour/markings. Your co-operation is appreciated!!**



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**Monday May 7, 2018**

**4:00pm to 7:00pm @ Fire Hall**

**Firehall is located at 295 Pickerel River Road**



**CONTACT: Brenda Conlin/Darcy Ashawasegai**

354A Pickerel River Rd. | Pickerel, ON P0G 1J0 | 705-857-1221 or 1-866-252-3330

*Located off highway 69. 1 hour north of Parry Sound and 45 Minutes south of Sudbury*



**THE HENVEY INLET FIRST NATION POW WOW COM-  
MITTEE IS HOSTING ITS ANNUAL**



# LOONIE AUCTION

**Saturday May 26, 2018**

**HIFN Firehall**

**281 Pickerel River Rd**

**@ 1:00pm**



**Auction items value from \$10 to \$2000**

**Higher priced items will be a \$5.00 bid**

**All bids are \$1.00 or \$5.00 bids**

**DOORS OPEN @ 11am**

**REGISTRATION @ 12:00 PM**



*Rules and regulations will be available, everything will be provided for you no need to bring own pen /paper.*

**ALL PROCEEDS GO TOWARDS OUR ANNUAL TRADITIONAL POW WOW**

## HIFN LOONIE “LIVE” AUCTION RULES

In a normal auction an item is bid on and the price keeps going up until no one wants to pay any more and the last bidder gets the item. A Loonie Auction doesn't work that way, items and services are donated, in advance by members of the community, businesses etc...they are displayed on a table to be viewed.

Upon entering the hall, you may view the display table and then come and register. Each registered person will be assigned a numbered plate that they will use during the course of the auction, as well as a supply of **HIFN Regulated Auction tickets** and something to write with. **Doors will open @ 11 am.** Viewing & registration can be done between **11 – 1 PM.**

The registered participant will then find a place to sit, organize themselves with their registered numbered plate, supply of paper, pen as well as their own supply of loonies. You will write your chosen # on all the provided pieces of **HIFN Regulated Auction tickets** or on as many as you think you will use. A cashier will be on hand to convert your cash over to Loonies.

The auction will begin promptly at 1PM. As the auction begins the auctioneer will raise the item up for bid, each participant in the audience if interested will raise their numbered plate to bid, as well as write their registered number on the provided piece of paper, around the room will be several collection people with containers and their job is to collect loonies and paper with your registered number written on it. *(Note: one registered number submission with each bid and any folded or crumpled pieces of paper will not be picked out of the ticket drum)*

The auctioneer will acknowledge each participating bidder with a raised plate and send a collector who will come and collect your loonie and one piece of paper with your written registered number on it. You may bid as many times as you like on that one item as long as you submit a loonie or \$5 bill and numbered paper **each time** you raise your numbered plate. By doing this you *increase your chances* of winning that item. When the bidding stops, all numbered pieces of paper will be collected from the collectors and put into the ticket drum, the auctioneer will then draw **one unfolded, uncrumpled paper!!** Immediately the participant with that registered number will get the item.

**Please note: Items in value of \$220.00 or more will be a \$5.00 bid.**

The Loonie auction operates by luck of the draw! People have fun and you don't have to be rich to participate. All proceeds will go to the host community of Henvey Inlet First Nation towards the 2018 Henvey Inlet First Nation Annual PowWow. Good luck to all participants 😊

For further information please contact: Brenda CONTIN, Auctioneer and Coordinator @ 705-857-1221

HENVEY INLET FIRST RESPONSE/FIRE RESCUE TEAM

# LOOKING FOR RECRUITS FOR THE HENVEY INLET EFR TEAM

**It's time for the Community to take part and  
resurrect the Henvey Inlet First Response Team!**

If you are interested in becoming involved in a life saving  
team, then you're participation is requested!

***\*Interested Volunteers must be 18 years and older***

***PLEASE CONTACT KARA AT THE HEALTH CENTRE  
705-857-1221 AS SOON AS POSSIBLE!!!***

**In the event of an emergency please dial  
911**

**Or call:**

**PARRYSOUND AMBULANCE  
1-705-746-6262**

**SUDBURY AMBULANCE  
705-673-1117**

**O.P.P.  
1-888-310-1122**



# SPRING FAST CAMP INFORMATION SESSION

*with Gloria Oshkabewisens and the SKHC Traditional Team*

**SESSION ONE:** Thursday, April 26, 2018 at 7 p.m.  
Kina Gbezhgomi Sudbury Office, 866 Newgate Ave, Unit 1

*Contacts: David Trudeau, Kina Gbezhgomi, or Geesofins Manitowabi, SKHC*

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**SESSION TWO:** Tuesday, May 1, 2018 at 7 p.m.  
SKHC Traditional Workshop Room, 161 Applegrove Street

*Contacts: Geesofins Manitowabi, SKHC*



**FOR MORE INFORMATION OR TO STATE YOUR INTENTIONS PLEASE CONTACT:**

Geesofins Manitowabi, gmanitowabi@skhc.ca, 705-675-1596, ext. 232 or

David Trudeau, dtrudeau@kgfcs.org, 705-285-4354

Candice Jachó-Assiniwe, candice@whitefishriver.ca, 705-285-4354



**Shkagamik-Kwe**  
HEALTH CENTRE

[www.skhc.ca](http://www.skhc.ca)



**Whitefish  
River**  
FIRST NATION



# SPRING FAST CAMP

MAY 23 to MAY 27, 2018

Whitefish River First Nation (Dreamer's Rock)  
Pow Wow Grounds (located off Hwy. 6)

*Please call to register in advance.*

## Reasons for going on a fast

"When you choose to go on a fast, it is with a purpose in mind. You may go out to seek direction in your life or you may go out to learn more about our ways and about Creation.

You may fast for your spirit name and colours. You may fast for many other reasons. Whatever the reason for your fast, you prepare beforehand through prayer and tobacco."



## FOR MORE INFORMATION OR TO STATE YOUR INTENTIONS PLEASE CONTACT:

Geesohins Manitowabi, gmanitowabi@skhc.ca, 705-675-1596, ext. 232 or

David Trudeau, dtrudeau@kgcs.org, 705-285-4354

Candice Jacko-Assimiwe, candice@whitefishriver.ca, 705-285-4354



**Shkagamik-Kwe**  
HEALTH CENTRE

[www.skhc.ca](http://www.skhc.ca)



**Whitefish  
River**  
FIRST NATION

# Wiigwaas Spring Emergence

## Culture Camp

**Held every Wednesday from 4:00-7:30pm  
at Henvey Inlet Tribal building**

**Dinner is at 5:30**

**Right to Play parents, siblings and ALL  
community members are welcome**

**Please sign up weekly at Health Centre by Monday (before weekly sessions) or contact Angele Dubois at 705-918-1590 so I know how much food and supplies we need each week.**

**Camp sessions include activities like a bat walk with Savanta (May 16<sup>th</sup>), Making turtle nesting protectors (May 23<sup>rd</sup>), Dip netting in Wetland (June 13<sup>th</sup>), and Traditional crafts like art and beading.**

Culture camp sponsored by:



# **Youth Pow Wow Dance Class #2**

**1:00- 3:00 pm on Saturday, May 5<sup>th</sup>**

**at the Alban Community Centre**

**Participants should dress comfortably to learn new dance, steps and styles from Pow Wow dance teacher Deanne Hupfield**

**If your child is interested please contact Angèle Dubois at 705-918-1590**

**Snacks and transportation will be provided  
Parents and younger siblings are welcome to attend too**

**Transportation to and from the community centre is available on a first come first serve basis as space in the Rec. van is limited.**

**Pick up will start at 12:15pm on Saturday, May 5th**



***Waabnoong Bemjiwang  
Child-Well Being Agency  
Development Project***



**Henvey Inlet First Nation Elders Info Session**

**Thursday May 30th 10:00 AM — 1:00 PM**

**Henvey Inlet Health Centre**

**Lunch provided**



# Henvey Inlet First Nation Lands Office

## COMMUNITY MEMORANDUM

To: Community Members  
From: Amanda Barbe, Lands Assistant  
Date: April 30<sup>th</sup>, 2018  
CC: Pat Brennan, Lands Portfolio Holder  
Sherry Contin, Lands Manager

**RE: SUMMER GARBAGE/RECYCLING PICK UP DATES**

**Garbage and Recycling Pick Up dates will be switching to Summer Hours on May 12, 2018**  
and the Summer Garbage and Recycling Pick Up dates are as follows:

<b>Wednesday</b>	<b>8am – 12pm</b>
<b>Friday</b>	<b>8am – 12pm</b>
<b>Saturday</b>	<b>2pm – 6pm</b>

Please note that any Community Member can use the Key River Dump during open business hours to dispose of large items or garbage but Henvey Inlet First Nation is not responsible for any tipping fees. Also, the garbage bins are the home owners so it is their responsibility for maintenance and cleaning.

AB

# HENVEY INLET FIRST NATION

## ANNUAL SPRING COMMUNITY CLEAN UP & LARGE ITEM PICK-UP

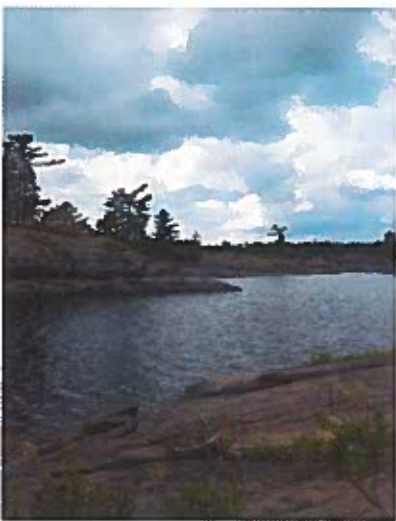


PLEASE SIGN YOUR TEAM UP ON THE TEAM REGISTRATION FORM LOCATED AT THE BAND OFFICE OR HEALTH CENTRE.

GARBAGE BAGS AND GLOVES WILL BE PROVIDED AND AN APPRECIATION BBQ WILL BE HELD AT 12:00 PM AT THE FIRE HALL FOLLOWED BY THE WINNER ANNOUNCEMENT AND PRIZE GIVEAWAY. KEEP IN MIND, ALL PARTICIPANTS RECEIVE A GIVEAWAY GIFT!! RULES ARE LOCATED IN THE MAY NEWSLETTER.

### WEATHER PERMITTING

- WHEN:** TUESDAY MAY 15<sup>TH</sup>, 2018
- MEET:** AT THE FIRE HALL
- TIME:** 9:00 AM – 12:00 PM
- BBQ:** 12:00 PM AT THE FIRE HALL FOLLOWED BY WINNER ANNOUNCEMENT & GIFT GIVE AWAY



### LARGE ITEM PICK-UP DATE

THE LARGE ITEM PICK-UP WILL BE HELD ON **TUESDAY MAY 15<sup>TH</sup>, 2018**. PLEASE HAVE YOUR LARGE ITEMS BESIDE YOUR BIN BY 8 AM MAY 15<sup>TH</sup>, 2018 FOR PICK-UP.

ALL ITEMS WILL BE PICKED-UP.

PLEASE NOTE THAT ITEMS THAT ARE NOT PUT OUT BY THE DEADLINE WILL NOT BE PICKED UP.

COORDINATOR: AMANDA BARBE, ASSISTANT LANDS MANAGER  
HENVEY INLET FIRST NATION LANDS OFFICE  
25 WEST RD, PICKEREL ON POG 1J0  
(705) 857-5211

## HENVEY INLET FIRST NATION LANDS OFFICE HOSTS THE:

# ANNUAL SPRING COMMUNITY CLEAN-UP & LARGE ITEM PICK-UP



IN APPRECIATION FOR THE WORK THAT GETS DONE DURING THE COMMUNITY CLEAN-UP, A BBQ AND GIVE AWAY WILL BE HELD AFTER THE CLEAN-UP. THE LANDS OFFICE ALSO OFFERS THE OPPORTUNITY FOR COMMUNITY HOUSEHOLDS TO GET RID OF ANY LARGE ITEMS FREE OF CHARGE. SO PLEASE DO NOT FORGET TO HAVE YOUR LARGE ITEMS OUT BY YOUR GARBAGE BIN BY 8 AM TUESDAY MAY 15<sup>TH</sup>, 2018. GARBAGE BAGS AND GLOVES WILL BE PROVIDED AND THE APPRECIATION BBQ WILL BE HELD AT 12:00 PM AT THE FIRE HALL FOLLOWED BY THE WINNERS ANNOUNCEMENT AND GIVE AWAY. KEEP IN MIND, THE PARTICIPANTS WHO DO NOT RECEIVE A PRIZE WILL RECEIVE A GIFT!!

## COMMUNITY CLEAN-UP AGENDA FOR TUESDAY MAY 15<sup>TH</sup>, 2018

### WEATHER PERMITTING

- 9:00 AM: MEET AT THE FIRE HALL TO SIGN-IN AND PICK UP SUPPLIES
- 9:00 AM – 12:00 PM: CLEAN-UP
- 12 PM: BBQ AT THE FIRE HALL FOLLOWED BY WINNERS ANNOUNCEMENT & GIVE AWAY.  
ELDERS WILL BE PICKED UP AT 11:30.

AS THIS IS A PRIZE COMPETITION, THE NEED FOR SOME RULES AS A GUIDELINE IS REQUIRED, ONLY TO ASSIST IN NAMING THE 1<sup>ST</sup>, 2<sup>ND</sup> AND 3<sup>RD</sup> PRIZE WINNERS AND TO ENSURE EQUALITY.

### RULES:

- 1) NO MORE THAN 5 TEAM MEMBERS PER TEAM AND ALL NAMES MUST BE ON THE SIGN-UP SHEET THAT WILL BE POSTED AT THE BAND OFFICE AND HEALTH CENTRE AT LEAST A DAY PRIOR TO THE CLEANUP.
- 2) ALL TEAM MEMBERS MUST ARRIVE AT THE FIRE HALL AT OR BEFORE 9:00 AM ON THE SPECIFIED DATE OR THAT MEMBER WILL NOT BE ELIGIBLE TO RECEIVE A PRIZE, GIVEAWAY GIFT OR LUNCH. THE CLEANUP WILL END AT THE FIRE HALL FOR THE 12:00 PM COMPLIMENTARY LUNCH.
- 3) 1<sup>ST</sup>, 2<sup>ND</sup> AND 3<sup>RD</sup> PRIZES WILL BE TIERED GIFT CARDS. ALL GIFTS FOR THE GIVEAWAY ARE THE SAME. THIS IS DONE FOR FAIRNESS AND SHOPPING EASE. AS AN EXCEPTION, THE CHILDREN'S GIFTS MAY BE GENDER SPECIFIC.
- 4) A PRIZE WINNER DOES NOT QUALIFY FOR A GIVEAWAY GIFT.
- 5) AGE LIMITS ARE AS FOLLOWS:

CHILD:	BABIES TO 16
ADULT:	17 AND UP
- 6) ONLY THE GARBAGE BAGS PROVIDED BY THE LANDS OFFICE WILL BE COUNTED.
- 7) EACH TEAM WILL RECEIVE A MARKER TO WRITE THE TEAM NUMBER ON THE GARBAGE BAGS THEY COLLECT. AMANDA BARBE, ASSISTANT LANDS MANAGER WILL THEN GO AROUND TALLYING UP THE BAGS.
- 8) ANY LARGE ITEMS FOUND SHOULD BE MOVED TO THE SIDE OF THE ROAD FOR PICK-UP.
- 9) THE TEAM WITH THE MOST COLLECTED GARBAGE BAGS WINS.

- 10) HIFN STAFF ARE EXPECTED TO CLEAN OUTSIDE OF THEIR OFFICE BUILDING OR JOIN A TEAM BUT IF THE STAFF MEMBER DOES NOT PARTICIPATE FOR THE FULL MORNING THEY DO NOT QUALIFY FOR A PRIZE, GIVEAWAY GIFT OR LUNCH.
- 11) IF YOU HAVE NOT PARTICIPATED FOR THE FULL MORNING, **YOU DO NOT QUALIFY FOR A PRIZE, GIVEAWAY GIFT OR LUNCH.** IF THERE ARE LEFTOVERS, NON-PARTICIPANTS WILL BE OFFERED TO JOIN AFTER THE PARTICIPANTS HAVE EATEN, THE ONLY EXCEPTION ARE ELDERS.
- 12) AS THIS IS DONE IN FUN BUT WITH THE OVERALL GOAL OF GETTING TOGETHER AS DIFFERENT GROUPS FOR THE BENEFIT OF CLEANING THE LANDS, ANY PARTICIPANTS THAT ARE OUTWARDLY DISGRUNTLED OR INTOXICATED WILL BE ASKED TO LEAVE.
- 13) AS THIS IS A GROWING EXPERIENCE FOR ALL SINCE INITIATION, EVEN TO US HOSTING THE EVENT, ANY IDEAS THAT WOULD HELP TO MAKE THIS EVENT RUN SMOOTHER; PUT FORWARD IN A POSITIVE WAY TO AMANDA BARBE, ASSISTANT LANDS MANAGER, WILL BE WELL RECEIVED.

#### LARGE ITEM PICK-UP

ALL ITEMS MUST BE PLACED BESIDE THE GARBAGE BINS BY **8 AM TUESDAY MAY 15<sup>TH</sup>, 2018.** ALL ITEMS PLACED BESIDE THE BIN WILL BE PICKED UP. PLEASE NOTE THAT ITEMS PLACED AT THE BIN AFTER THE DEADLINE WILL NOT BE PICKED UP.

IF YOU HAVE ANY QUESTIONS OR SUGGESTIONS PLEASE CONTACT AMANDA BARBE, ASSISTANT LANDS MANAGER.

MIIGWETCH,

**AMANDA BARBE, ASSISTANT LANDS MANAGER  
HENVEY INLET FIRST NATION LANDS OFFICE  
25 WEST RD, PICKEREL ON POG 1J0  
(705) 857-5211**





**CHILD AND FAMILY**  
**&**  
**HEALTH EDUCATOR**  
**MAY 2018**





# May 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	01	02	03	04	05
	In Office	North Bay Health Unit Workshop	CAS In Office CAS Sudbury pm	Wausauksing	Not In Office	
06	07	08	09	10	11	12
	In Office	HC Staff Meeting Kids Craft Night 4pm	Family Court Parry Sound	Walking Program HC Staff Meeting	Sudbury	
13	14	15	16	17	18	19
Happy Farmers Day	Program Prep	Ladies Game Day	In Office	Walking Program	Not In Office	
20	21	22	23	24	25	26
	Office Closed	In Office	Program Prep	Walking Program Community Summer Lunch & Bingo	Thorne	
27	28	29	30	31	01	02
	In Office	In Office	Waabnoong Elders Meeting & Luncheon	Walking Program Parenting Workshop		
03	04	05	06	07	08	09



# Henvey Inlet First Nation Health Centre

"Healthy Babies Healthy Children  
For A Healthy Future"

354A Pickeral River Road  
Pickeral ON P0G 1J0



Phone: 705-857-1221  
Toll Free: 1-866-252-3330  
Fax: 705-857-0730  
E-mail: [kara.harkness@henveymedicalcentre.com](mailto:kara.harkness@henveymedicalcentre.com)



# MAY 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3 WASAUSKING FN MTG	4	5
6	7 Well Baby Clinic	8 HC STAFF PLANNING Kids Craft Night 4pm	9 HC STAFF PLANNING	10 HC STAFF PLANNING WALKING PROGRAM	11	12
13 HAPPY Mother's Day	14	15 LADIES GAME DAY	16	17 WALKING PROGRAM	18	19
20	21 OFFICE CLOSED	22	23	24 Community BINGO WALKING PROGRAM	25	26
27	28 Well Baby Clinic	29	30	31 PARENTING WKSHIP WALKING PROGRAM		



# Kids Dinner & Craft Night

## Ages 8-14



Kids ages 8-12 please join us at the Health Centre on Tuesday, May 8th at 4pm to make a craft.

Please contact Darcy at the Health Centre for more information.

354-A Pickerel River Rd.  
Pickerel, ON  
POG 1J0

Phone: 705)857-1221 or 866-  
252-3330  
Fax: (705) 857-0730

\*If transportation is needed please contact the Health Centre 3 days prior to the event to make arrangements

Hey Gorgeous,  
Let's Celebrate!

## Ladies Day!

**Tuesday, May 15**

1pm @ Health Centre

Please Call Darcy To Sign Up

Limit of 10 Participants!!





# PARENTING WORKSHOP RESPONSIBILITY BUILDING FOR CHILDREN

Let's teach our children about responsibilities!

Henvey Inlet Health Centre

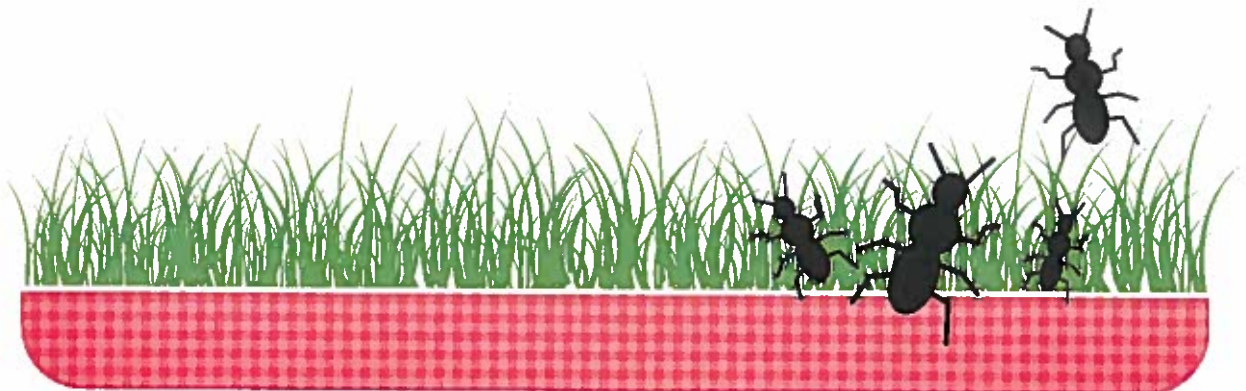
354-A Pickerel River Rd.

Pickerel, ON

PoG 1J0

(705)857-1221

Please Call Darcy To Sign Up!





*Community  
Summer Lunch &  
Bingo*

**B I N G O**

*Join us for our annual  
community lunch &  
bingo*

Thursday June 24

Henvey Inlet Fire Hall

Please Call Darcy To Sign Up!

# Community Health Nurse



Brenda Contin



# May 2018

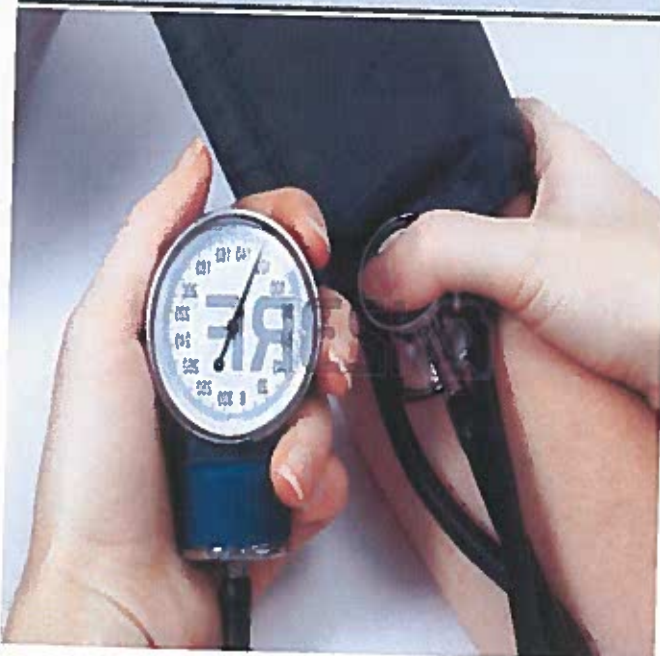
Brenda CONTIN, C.H.N.  
 Henvey Inlet Community Health Nursing Program

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 M.W.T. Community Consultation 12—3 pm	2 FINANCE M.W.T. Mtg. 10-3	3 P.S.: Child Wellbeing Mtg 10 am	4 OFFICE	
	7 OFFICE RABIES CLINIC 4—7 PM	8 H.C. STAFF OUT OF OFFICE am only for Dr's appt	9 PLANNING	10 OFFICE	11 P.S.: PROGRAM SHOPPING	
	14 B/P CLINIC 10—2 PM	15 OFFICE	16 HOME VISITS	17 OFFICE: t/c Naloxone Pro- gram 10 am Pick up Colin M	18 Colin Mousseau appts 9—4 pm	Sweat- lodge Cere- mony
SUDZ: Colin to airport	21 STAT HOLIDAY OFFICES CLOSED	22 NOT IN OFFICE FOR 05/19 HRS.	23 LOONIE AUC- TION PREPARA- TION	24 LOONIE AUCTION PREPARATION	25 NOT IN OFFICE FOR 05/18 HRS	
	28 NOT IN OFFICE AM FOR 05/20 HRS	29 HOME VISITS	30 OUT OF OFFICE FOR DR'S APPT	31 OFFICE		

# B/P & Blood Sugar Screening Clinic

Date: May 14, 2018

Time: 10:00 am—2:00 pm



Location: Health Centre

**No sign-up necessary!**  
**Up to 3 individuals**  
**who visit the CHN to**  
**have their B/P and B.S.**  
**checked will be eligible**  
**to win a 2 bags of per-**  
**ishables, such as fruit/**  
**vegetables, eggs, bread,**  
**and healthy treats.**

**CONTACT: Brenda Contin,**  
**CHN**



## OJIBWAY LANGUAGE CLASSES

COME OUT AND LEARN YOUR LANGUAGE

EVERY TUESDAY @ 5:00 P.M

THURSDAY @ 5:00 P.M

WHERE: WAGAMAKE LEARNING CENTRE

TEACHER: BRANDON PETAHTEGOOSE

### Wild Plant Name Suffixes in Ojibwe Language

- “-jiibik” – root
- “-imin” – berry, fruit, seed
- “-bag” – leaf
- “-pin” – potato-like, tuber
- “-aatig” – trunk, stem
- “-waak” – tree
- “-ashk” – long grassy stem
- “-mizh” – small tree, shrub
- “-aandag” – bough
- “Mashkii-” – bog

DRINKS AND SNACKS PROVIDED



# COLIN MOUSSEAU TRADITIONAL HEALER

Where:

**HIFN LIBRARY**

When:

**May 18 & 19<sup>th</sup>, 2018**

**TIME**

**MAY 18<sup>TH</sup> 9 AM – 5 PM**  
**MAY 19<sup>TH</sup> SWEATLODGE**  
**BUILDING AND SWEAT**

**TO BOOK AN  
APPOINTMENT OR CANCEL  
YOUR APPOINTMENT  
PLEASE CONTACT:**

**CHN BRENDA CONTIN  
HENVEY INLET FIRST NATION  
HEALTH CENTRE  
705 857-1221 EXT 226**



COMMUNITY SWEAT LODGE CEREMONY W/  
TRADITIONAL HEALER COLIN MOUSSEAU

May 19th, 2018

6 p.m.

LOCATED BEHIND LANDS OFFICE 25 WEST ROAD, FEAST TO FOLLOW  
EVERYONE IS WELCOME TO ATTEND.

FOR MORE INFORMATION CONTACT:

COMMUNITY HEALTH NURSE BRENDA CONTIN 705 857-1221

EXT 226

## Spring Time is Barbeque Season!

### Tips for BBQ Food Safety



Always thaw and marinate food items in the refrigerator and **NEVER** on the counter at room temperature to avoid bacterial growth.

Always wash hands with soap and water **before and after** handling food items and especially after handling raw food items.

If a sink with soap and water is not readily available at your BBQ site; use alcohol based hand sanitizer, disposable gloves, or have wet wipes available.

Keep food cold by storing in a cooler. Pack coolers with ice and store them away from direct sunlight. Avoid opening them too often as this allows cold air to escape.



Ground beef often contains pathogenic bacteria such as *E.coli* that can make you and your family sick. Always cook your burgers to 71°C (160°F) in order to kill all bacteria.

Always check the internal temperature of cooked hazardous foods by using a **probe thermometer**. Check food items by placing the thermometer in the middle of the thickest part of the meat.



The metal bristles on your barbecue brush can become loose over time and get stuck to the grill during cleaning. The bristles can stick to food and could be accidentally swallowed, possibly causing serious throat or digestive injuries.

Make sure to inspect your barbecue brush and barbecue grill before each use. Replace your brush regularly to help avoid problems associated with wear. Immediately throw your brush away if the bristles come loose or stick to the grill.

Alternatives that do not have metal bristles are also available.



*"April showers bring May flowers..."*

## Tips for Healthy Gardening



Wear a N95 dust mask while gardening if you suffer from any conditions that make you immuno-compromised.

If you experience a persistent cough, unexplained fever, night sweats, weight loss, skin ulcers/lesions, you should seek medical attention immediately and ask to be tested for blastomycosis. Full recovery is generally the outcome if diagnosed and treated within a timely manner.



**Remember:**  
drain any standing water from pots or watering cans as they allow mosquitoes to breed within them. Keep rain barrels covered.

Remember to wear a wide brimmed hat and sunscreen to protect your skin from UV exposure and insect repellent that contains DEET to deter mosquitoes and ticks as well. Mosquitoes are most active at dawn and dusk.

Blastomycosis is an infection caused by a naturally occurring fungus found in the soils of Northwestern Ontario.

The fungus can enter the body through the lungs or through the skin and cause infection if a person breathes in the spores or if the spores are in direct contact with an open wound.

Always wear gloves while gardening.

Always wash your hands with soap and water after gardening to remove any spores you may have come in contact with.



Avoid gardening if you have an open wound that may come in contact with the soil.



For more information contact your community Environmental Health Officer:  
**Ray Alatalo B.A.A. (Envir. Health), C.P.H.I. (C)**  
Txt/phone: (705) 698-4682  
[ray.alatalo@canada.ca](mailto:ray.alatalo@canada.ca)





## LYME DISEASE

### The Issue

Lyme disease is a serious illness spread by the bite of certain species of ticks. Ticks are insect-like in appearance and feed on the blood of animals, including humans.

For most Canadians, the risk of exposure to Lyme disease is fairly low. However, it is still important to keep the risk as low as possible if you spend time outdoors in areas where there may be ticks that could transmit Lyme disease.

### Background

Lyme disease in Canada is caused by a bacterium called *Borrelia burgdorferi*. This bacterium is normally carried by mice, squirrels, birds and other small animals. It can be passed to humans when ticks feed on infected animals, become infected themselves, and then bite people.

In Canada, there are two species of ticks known to transmit Lyme disease:

- the western blacklegged tick, which is known to be established in parts of southern British Columbia; and
- the blacklegged tick (often called a deer tick), which is known to be established in parts of southern and eastern Ontario, southeastern Manitoba and Nova Scotia.

These ticks vary in size and colour, depending on their age and whether they have been feeding. Before feeding, they are about 3–5 mm in length, and are red and dark brown in colour. Young ticks in the pre-adult stages are smaller and lighter-coloured. When they are full of blood, adult female ticks can be as large as a grape.

You are most likely to come into contact with ticks by brushing against vegetation. When a tick bites you, it becomes attached to your skin by its mouth parts.

### Risk of Exposure to Lyme Disease

The risk of exposure to Lyme disease is highest in the regions (listed above) where blacklegged and western blacklegged ticks are established. However, surveillance has shown that migratory birds can carry these ticks to other parts of Canada. In addition, researchers believe the ticks may be establishing themselves in areas that are not identified yet. This means there is a risk that people in other regions of Canada may also be exposed to infected ticks.

The risk of contact with ticks begins in early spring when the weather warms up and lasts through to the end of fall. Ticks may also be active in winter in areas with mild temperatures (4°C and above) and no snow.

There is no evidence that Lyme disease can spread from person-to-person. Although cats and dogs can get Lyme disease, there is no evidence that they can pass the infection to people. Pets can, however, carry infected ticks into your home or yard.

### The Symptoms and Health Effects of Lyme Disease

Although the symptoms and health effects will vary from one person to the next, Lyme disease is often described in three stages.

The first sign of infection is often a circular rash. This rash occurs in about 70-80% of infected people and begins at the site of the tick bite after a delay of three days to one month. Additional symptoms may include fatigue, chills, fever, headache, muscle and joint pain, and swollen lymph nodes. If untreated, the disease progresses into the second stage which can last several months. Symptoms of this stage include migraines, weakness, multiple skin rashes, painful or stiff joints, abnormal heartbeat and extreme fatigue. If the disease continues to progress, the third stage of Lyme disease can include symptoms such as chronic arthritis and neurological





symptoms, including headaches, dizziness, numbness, and paralysis.

Fatalities from Lyme disease are rare. However, if contracted during pregnancy, Lyme disease can pose serious health risks to the baby, including stillbirth.

## Treating Lyme Disease

Lyme disease can be treated effectively with antibiotics. A full recovery is more likely when treatment begins in the early stages of the disease. Undiagnosed Lyme disease may develop into chronic illness that can be difficult to treat.

## Minimizing Your Risk

Remember, the risk of exposure to the disease in Canada is highest in a small number of regions where the ticks that can spread Lyme disease are established. Find out from your local public health office if there are ticks in your area, especially blacklegged ticks.

If you are going to spend time outdoors in wooded areas or tall grass that may be tick-infested:

- Wear light-coloured long-sleeved shirts and pants. The light colours will help you see whether there are any ticks on you. Tuck your shirt into your pants, and pull socks up over your pant legs. This will help keep ticks away from your bare skin.
- Wear shoes that cover your entire foot. Avoid sandals or open shoes.
- Spray clothing and exposed skin with an insect repellent that contains DEET. Read and follow the manufacturer's directions for safe use.
- After finishing your outdoor activity, check your clothing and your entire body for any attached ticks.

If you find a tick attached to your skin:

- Use tweezers to remove it. Grasp the tick's head and mouth parts as close to your skin as possible, and pull slowly until the tick is removed. Be careful not to twist, rotate or crush the tick during removal.

- After removing the tick, use soap and water to wash the spot where you were bitten. You may also disinfect the bite area with alcohol or household disinfectant.
- Try to save the tick in an empty pill vial or a doubled zip-lock bag. If you develop any symptoms of Lyme disease, the tick can be sent to a laboratory for identification, and this may help diagnose your illness. It may also help public health workers identify areas of higher risk for Lyme disease.
- Contact your health care provider right away if you develop a rash or any other symptoms of Lyme disease.

The following steps can also help reduce your risk of contact with ticks:

- Keep grass on your property well cut to reduce the amount of habitat suitable for ticks.
- Check pets regularly for ticks.

Some Canadian cases of Lyme disease have been acquired during travel to the United States, where a greater number of higher-risk areas have been identified. Travellers should be particularly cautious when engaging in outdoor activities in areas along the Atlantic seaboard from Maine to Virginia, and in Minnesota and Wisconsin.

## The Public Health Agency of Canada's Role

The Public Health Agency of Canada has been involved for more than a decade in research to define and monitor the occurrence of Lyme disease in Canada. The Agency also works with provincial, national and international experts to address key issues related to Lyme disease, including the following:

- the diagnosis, treatment and surveillance of the disease,
- the impact of climate change on the range of the disease; and
- ongoing education for health professionals and the public.

## Need More Info?

Contact:  
National Microbiology Laboratory  
Public Health Agency of Canada  
1015 Arlington Street  
Winnipeg MB R3E 3P6  
Telephone: 204-789-2000

Also, see the following:

The Public Health Agency of Canada's fact sheet, Lyme Disease at:  
[http://www.phac-aspc.gc.ca/id-mi/lyme-fs\\_e.html](http://www.phac-aspc.gc.ca/id-mi/lyme-fs_e.html)

Health Canada's brochure, Safety Tips on Using Personal Insect Repellents at:  
<http://www.pmr-arla.gc.ca/english/consum/insectrepellents-e.html>

For information about higher-risk areas for Lyme disease in the United States, visit the U.S. Centers for Disease Control and Prevention (CDC) Web site at:  
[http://www.cdc.gov/ncidod/dvbid/lyme/ld\\_statistics.htm](http://www.cdc.gov/ncidod/dvbid/lyme/ld_statistics.htm)

For additional articles on health and safety issues go to the It's Your Health Web site at:  
[http://www.hc-sc.gc.ca/iyh-vsv/index\\_e.html](http://www.hc-sc.gc.ca/iyh-vsv/index_e.html)  
You can also call toll free at 1-866-225-0709 or TTY at 1-800-276-1245\*.



# NNADAP

Louise Ashawasegai

# May 2018

# NNADAP

SUN MON TUE WED THU FRI SAT

1 Community meeting, mental Health  
 2 Home visits  
 Meeting in the am with MH  
 3 meeting in Parry Sound  
 4 Office  
 5

6 7 Office, counseling  
 8 Staff meeting, HC  
 Art Therapy 6pm  
 9 Staff meeting  
 HC  
 10 meeting with Kim S.  
 11 Office  
 12  
 Shane T.

13 14 Home visit  
 15 One on one  
 16 Intake  
 17 Shane T.  
 18 Office  
 19

20 21 Closed  
 22 Art Therapy, FH  
 6pm  
 23 One on one  
 Home visits  
 24 Doctor's app.  
 25 Office  
 26

27 28 Office am  
 29 Home visit pm  
 29 Sweat dress making  
 30 One on one  
 31 Shane T.





## **Art Therapy: Canvas**

**Where: Firehall**

**When: May 8, May 22/ 2018**

**Time: 6 pm**

*Louise*



## **Sweat dress making**

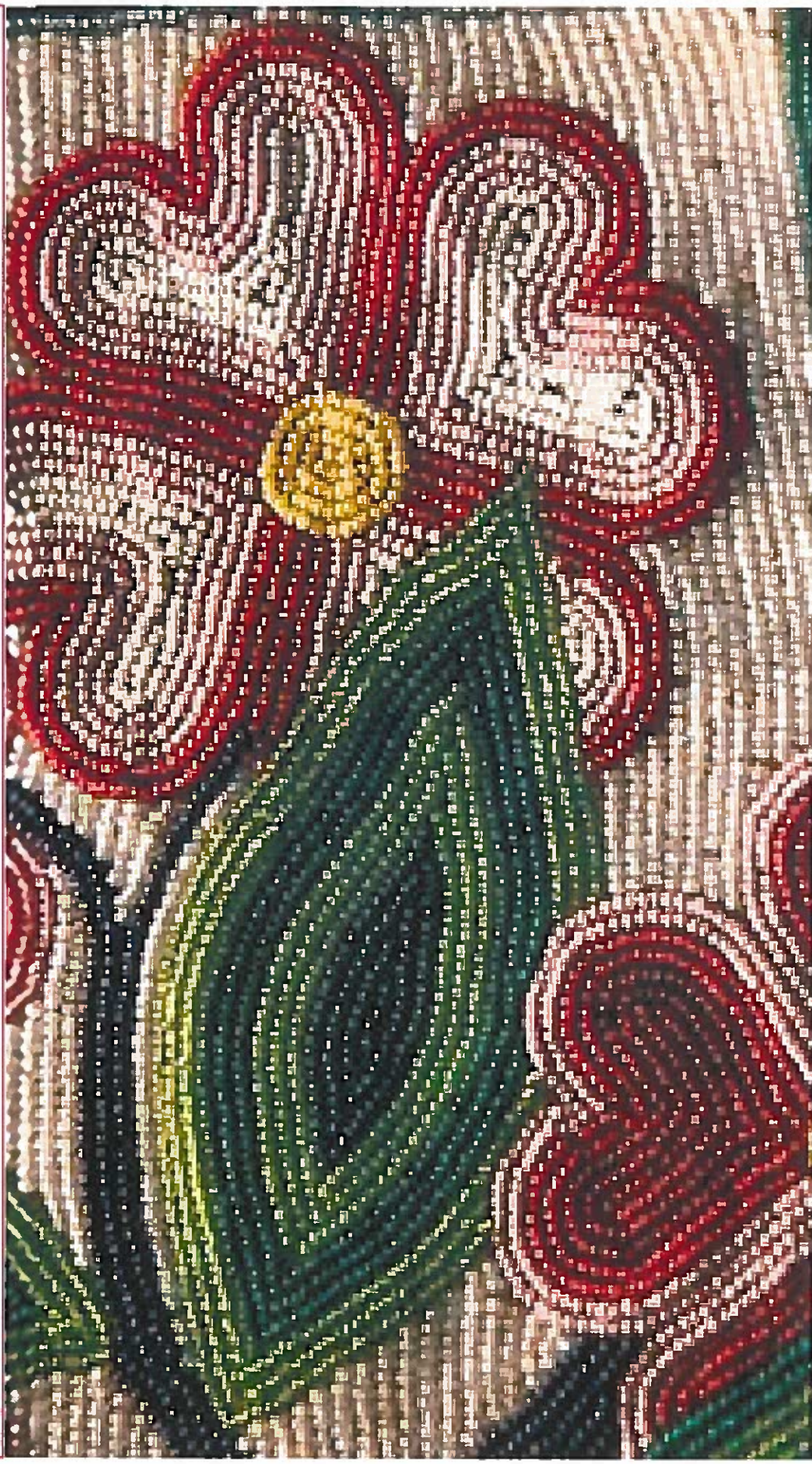
**Please do sign up by Tuesday may 22<sup>rd</sup>. as there is only 5 spots**

**First class will be on May 29<sup>th</sup>.... If you need a bit more info phone Darcy or myself at the Health Centre. We will start at 10 am.**

**Call for transportation is needed 3 days prior.**

*Louise*

# COMMUNITY WELLNESS PROGRAM COMMUNITY WELLNESS PROGRAM



This program is designed to deliver primarily client and participant-based services to Aboriginal individuals, families and children. The priority focus of programming is related to reducing family violence.



# COMMUNITY WELLNESS PROGRAM



The difference between the impossible and the possible lies in a person's determination.

MAY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Note: Community Cleanup Day this month.</p>	<p>1 MANDATORY STAFF MTG A.M. WELLNESS &amp; CRISIS MTG @ FIRE-HALL 12-3 P.M.</p>	<p>2 PROGRAM SHOPPING W/ REGALIA CLASS</p>	<p>3 DRUMMING WITH RODNEY</p>	<p>4 REGALIA MAKING</p>	<p>5</p>
6	<p>7 REGALIA MAKING DRUMMING WITH RODNEY</p>	<p>8 HOME VISITS</p>	<p>9 IN OFFICE</p>	<p>10 DRUMMING WITH RODNEY</p>	<p>11 REGALIA MAKING Daycare Closed</p>	<p>12</p>
13	<p>14 REGALIA MAKING DRUMMING WITH RODNEY</p>	<p>15 COMMUNITY CLEAN UP DAY</p>	<p>16 PROGRAM SHOPPING Welcome to Kindergarten</p>	<p>17 ELDERS LUNCH &amp; BINGO DRUMMING WITH RODNEY</p>	<p>18 REGALIA MAKING</p>	<p>19</p>
20	<p>21</p>	<p>22 HOME VISITS</p>	<p>23 IN OFFICE</p>	<p>24 DRUMMING WITH RODNEY</p>	<p>25 REGALIA MAKING</p>	<p>26</p>
27	<p>28 REGALIA MAKING DRUMMING WITH RODNEY</p>	<p>29 FULL MOON CEREMONY HOME VISITS</p>	<p>30 B'SAANI 19TH ANNUAL HEALTH GATHERING</p>	<p>31 DRUMMING WITH RODNEY</p>		



# MAY 2018 REGALIA MAKING

## EVERY MONDAY & FRIDAY

FOR THE PARTICIPANTS ENROLLED IN REGALIA MAKING CLASSES WE WILL BE MEETING EVERY MONDAY @ 9:30 TO 3:30 AND FRIDAYS 9 TO 11:30. CLASSES WILL BE HELD IN MAY ON THE FOLLOWING DATES.

**MONDAY, MAY 7<sup>th</sup>, 14<sup>th</sup> & 28<sup>th</sup>, 2018**

**FRIDAY, MAY 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup> & 25<sup>th</sup>, 2018**

A SHOPPING TRIP IS PLANNED WEDNESDAY, MAY 2<sup>nd</sup> to Fabricland and IBEAD.

EVERY MONDAY &  
FRIDAY

SEWING SKILLS  
REQUIRED

SEWING MACHINES  
AND TOOLS ON  
HAND

INSTRUCTION  
PROVIDED

MATERIAL AND MOST  
SUPPLIES WILL BE  
PROVIDED

COMMUNITY WELLNESS  
WORKER

LUANA MCQUABBIE

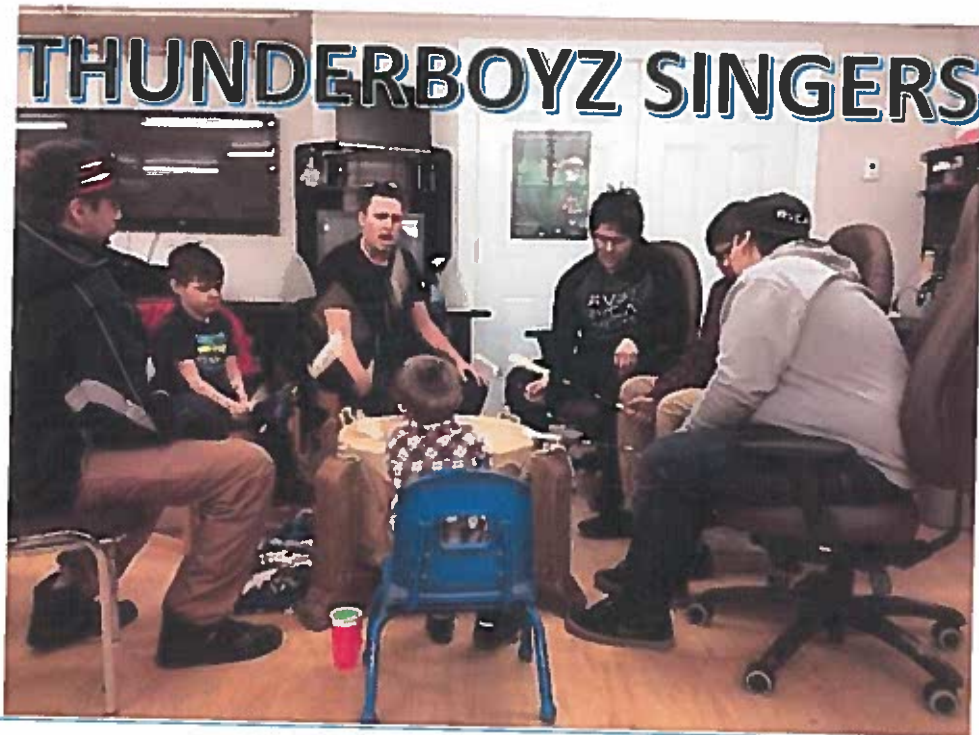
705 857-1221 EXT 227



MONDAY & THURSDAY EVENINGS

# DRUMMING/SINGING WITH RODNEY STANGER

MAY & JUNE 2018



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HENVEY INLET FIRST NATION HEALTH CENTRE

BOARDROOM

6:00 – 8:00 PM

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BROUGHT TO YOU BY THE FAMILY WELL BEING PROGRAM

FOR MORE INFO CONTACT CWW LUANA MCQUABBIE @ 705 857-1221 Ext 227

# ELDERS LUNCH

& BINGO

---

YOU ARE INVITED TO A  
MONTHLY LUNCH &  
BINGO HERE AT THE  
HEALTH CENTRE.

THIS IS A WONDERFUL  
OPPORTUNITY FOR  
ELDERS TO MEET,  
SOCIALIZE AND HAVE  
FUN.

OPEN TO 55+.



**APRIL 17, 2018**

**12 NOON**



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**COMMUNITY WELLNESS PROGRAM / CWW LUANA MCQUABBIE**

HENVEY INLET HEALTH CENTRE  
BOARDROOM  
354-A PICKEREL RIVER ROAD  
PICKEREL, ON  
P0G 1J0

Phone: 705-857-1221 EXT 227  
Fax: 705-857-0730  
E-mail: [luana.mcquabbie@henveymedicalcentre.com](mailto:luana.mcquabbie@henveymedicalcentre.com)

**PLEASE CALL THE HEALTH CENTRE IF YOU REQUIRE A RIDE TO  
THE LUNCHEON 3 DAYS IN ADVANCE OF PROGRAM.**

MAY 29  
2018

FULL MOON CEREMONY  
With Judy Contin

263 PICKEREL RIVER ROAD

8:00 PM



All Women & Young Women are welcome, no matter what phase of their moon time they find themselves.

Women gather at various phases of the Moon to honor Nokomis, our Grandmother, in order to restore our Feminine Power and to restore the balance between the feminine and masculine sides of ourselves. In our Moon ceremony we learn the teachings of the current moon cycle and share our experiences of these Women's Teachings. Ceremonies are held around each Full Moon

Please remember to:

- Wear a Skirt and warm clothes (be prepared to be outside)
- Bring Tobacco for an offering
- Bring Yellow cloth to make a tobacco tie offering
- Bring a Chair to sit on
- Blanket
- Food to share with the other women

If you need a ride please call CWW at the Health Centre

Phone: (705) 857-1221 Ext 227

Fax: (705) 857-0730

E-mail: [luana.mcquabbie@henveymedicalcentre.com](mailto:luana.mcquabbie@henveymedicalcentre.com)

# ENAAHTIG NORTH HEALING LODGE APRIL 2018 TO MARCH 2019 PROGRAM SCHEDULE

Mailing Address: Box 7 Alban, Ontario POM 2K0 Site Location: Hwy 607A 490 B Alban, Ontario  
 Phone: 705-857-3818 Ext: 1 for Manager Ext 2 for Intake Worker Cell # 705-698-2343  
 Manager: [pm@enaahtig.ca](mailto:pm@enaahtig.ca) Intake Worker: [intakenorth@enaahtig.ca](mailto:intakenorth@enaahtig.ca)

**All Programming Subject to Change at the Discretion of the Executive Director and Program Manager**

PROGRAM	PROGRAM DATE	PROGRAM TYPE/DISCRPTION
1	September 2 <sup>nd</sup> to September 8, 2018	Front Line Workers Vicarious Trauma Recovery Program
2	September 30 <sup>th</sup> to Oct. 20, 2018	Men's Childhood Sexual Abuse Recovery Program
3	November 4 <sup>th</sup> to Nov. 24, 2018	Women's 21 Day Childhood Sexual Abuse Recovery Program
4	January 13 <sup>th</sup> to Feb. 2 <sup>nd</sup> , 2019	Trauma Recovery Program (Men and Women)
5	February 17 <sup>th</sup> to March 9 <sup>th</sup> , 2019	Women's Childhood Sexual Abuse Recovery Program
6	March 24 <sup>th</sup> to April 2 <sup>nd</sup> , 2019	Front Line Workers Vicarious Trauma Recovery Program
	Beginning of New Fiscal Year	New Schedule Will Be Sent Out

Revised April 12, 2018



500-211 Yonge Street Toronto ON M5B 1M4 (T)416.408.4041 or 3967  
Toll Free 844-633-2886 (F)416.408.1568 (E)[info@aboriginallegal.ca](mailto:info@aboriginallegal.ca)  
[www.aboriginallegal.ca](http://www.aboriginallegal.ca)

## GLADUE PROGRAM

The Gladue Program derives its name from the 1999 Supreme Court of Canada case *R. v. Gladue* – that sets out the parameters regarding the sentencing of offenders, and in particular, Aboriginal offenders. The Gladue Program includes Gladue Writers and Gladue Caseworkers.

### GLADUE WRITERS

Gladue Writers prepare reports (known as Gladue Reports) at the request of defence counsel, the Crown Attorney, or sentencing judge, regarding the life circumstances of an Aboriginal offender. Reports are prepared where the Crown's position for sentencing is a custodial sentence of 90 days or more.

Gladue Reports are extensive reports that detail the life circumstances of the individual. Information is gathered through research and interviews with the offender, family members and services providers.

### GLADUE CASEWORKERS

Gladue Caseworkers work with clients before and after Gladue Reports are written. In circumstances of a complex bail matter, a Caseworker can assist the individual to meet the conditions of their bail.

Gladue Caseworkers prepare Gladue Caseworker Letters where the Crown's position for sentencing is less than 90 days. Gladue Letters provide some background information, detail any programming or services a client is accessing, and make recommendations for the Court's consideration. Gladue Letters are prepared at the request of defence counsel, the Crown, or sentencing judge.

Caseworkers also can provide supportive services in an aftercare capacity to individuals where a Gladue Report is being prepared by a Gladue Writer.

Gladue Caseworkers may also assist clients by: making referrals to services and programming; assisting with applications to treatment; attending appointments with clients as needed; and helping clients overcome barriers to accessing services or programs as needed.

**Shirley Hay**  
Gladue Writer  
Barrie  
1-844-633-2886 ext. 216  
Cell# 705-817-4651  
Email [shirley@aboriginallegal.ca](mailto:shirley@aboriginallegal.ca)

**Cliff Sharpe**  
Gladue Caseworker  
Barrie  
1-844-633-2886 ext. 253  
Cell #705-734-4736  
Email [cliff@aboriginallegal.ca](mailto:cliff@aboriginallegal.ca)

Henvey Inlet First Nation Daycare  
May 2018  
Newsletter

Mother Nature is smiling upon us as we greet the month of May. There are sunshine filled days that bring warmth, trees budding, birds singing, blue skies and sunshine. What more could a person ask for! Thankful and Grateful for each and every day given on this amazingly, crazy but wonderful planet called Mother Earth! As the days get longer and more time is spent outside enjoy the rays of sun, we will be requiring some extra clothing for the kids and make sure they are dressed for the daily weather. The outdoors are calling! Important reminder for parents is: **Daycare is CLOSED Friday May 11, 2018. Daycare Staff attending a workshop in Huntsville for that day.** Now on to the topic for this month.

May 1 to 4, 2018; planting seeds  
May 7 to 10, 2018; Mother's Day  
**May 11, 2018: Daycare CLOSED! Workshop Huntsville**  
*Monday May 14, 2018: Staff Meeting*  
May 14 to 18, 2018: Caterpillars/Butterflies  
**May 21, 2018: Closed Victoria Day**  
May 22 to 25, 2018: Glitter Week  
*May 28, 2018: Staff Meeting*  
May 28 to June 1, 2018: Painting Week

So get out there and enjoy all that Mother Nature has to offer! And send the spring hats with the kids!

Thank You

*CHARLENE ASHAWASEGAI*  
Charlene Ashawasegai RECE  
HIFN Daycare Program Supervisor

*CARRIE LYNN BENNETT*  
Carrie Lynn Bennett RECE  
HIFN Daycare Worker

# HIFN DAYCARE MAY 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b> TOPIC: Planting Seeds	<b>2</b>	<b>3</b> 	<b>4</b>	<b>5</b>
<b>6</b>	<b>7</b>	<b>8</b> Topic: Mothers Day	<b>9</b> HAPPY MOTHER'S DAY!	<b>10</b> *OTB	<b>11</b> Daycare CLOSED HUNTSVILLE Wrkshp: Love builds BRAINS	<b>12</b>
<b>13</b> MOTHERS Day	<b>14</b> STM	<b>15</b> 	<b>16</b> TOPIC: Caterpillars/ Butterflies Week	<b>17</b>	<b>18</b> * CCB	<b>19</b>
<b>20</b>	<b>21</b> Victoria Day	<b>22</b>	<b>23</b> TOPIC: GLITTER Week	<b>24</b>	<b>25</b> <i>Glitter</i>	<b>26</b>
<b>27</b>	<b>28</b> STM	<b>29</b> TOPIC: Painting	<b>30</b> 	<b>31</b>		